



## How to make buying local a part of your daily life

Do you want to help support the local economy and members of your community by buying from growers, producers and merchants in your area?

If so, here are some tips to help you integrate this habit into your daily life.

- Choose items made in the area. Whenever possible, select artisanal food, clothing, furnishings and other products made by local craftspeople. You should also look for goods made with ingredients or materials sourced from nearby regions.
- Visit stores owned by locals. Rather than shop at large retail chains, opt to buy what you need at stores owned by people who live in your community. You can also check out local farmers markets, U-pick farms and agritourism operations.
- Keep an eye out for labels. It's increasingly common for food and other products that are made regionally to have an identifying label. If you want to ensure you make the right choice, don't hesitate to ask a sales clerk for more information. Once you make the effort to change your shopping habits, you'll find yourself with a host of local products that you can't live without. (NTB)



## Farmers' Market

The Georgetown BIA established the Georgetown Farmers' Market on Main Street in 1993. From June to mid-October, the market features seasonal fruit and vegetables along with local honey, syrup, preserves, deli meats and a variety of products from local artisans, crafters and makers. The seasonal market provides a chance to shop locally on Saturdays from 8 a.m. to 12:30 p.m. – Graham Paine, Metroland photo

**HEALING STREAMS LIVE HEALING Services with Pastor Chris**

DATE	TIME
FRI. 29 - SUN. 31 OCTOBER	1PM (EST)

**REGISTER @ [www.bit.ly/canadazone](http://www.bit.ly/canadazone)**

**PARTICIPATE LIVE @**  
**On-site: 810 Nipissing Rd, Milton, ON L9T 4Z9**  
**Online: [www.christembassymiltoncanada.org](http://www.christembassymiltoncanada.org)**

Please read these testimonials.

**For more information, call: (289) 242-1149 • [www.enterthehealingschool.org](http://www.enterthehealingschool.org)**

### CANCER DEFEATED!

This is the story of Edward Gonzalez who suffered awful symptoms such as stomach ache, digestive problems, pale eyes and skin, and weight loss, among others. Edward was bedridden in the hospital for months. He became so sick and was unable to do basic things for himself when he lost coordination.

Further diagnosed with cancer of the pancreas, Edward needed a divine encounter to overcome this condition. Watch how he received his healing miracle in this exciting episode and be inspired!

Watch the story:

[www.bit.ly/storyofedward](http://www.bit.ly/storyofedward)

### HEALED OF MISALIGNED EYES!

Young Jossey suffered from misaligned eyes for 8 years. Due to this condition, he was dependent on glasses to aid his vision. He also had to deal with scorn from other kids at school because of the way his eyes looked.

Jossey believed God for his miracle, and participated in the Healing Streams Live Healing Services with Pastor Chris, where he received his miracle! Watch this and be inspired!

Watch the story:

[www.bit.ly/storyofjohnson](http://www.bit.ly/storyofjohnson)