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— ADVERTORIAL —



Look local for health and wellness

Answering the call to shop local means not only considering area merchants when making purchases, it also means supporting local services.

Downtown Georgetown is brimming with health and wellness professionals. Dental, orthodontics, hearing, holistic, naturopath, physiotherapy, counselling,

chiropractic, pharmacy, medical, osteopathy, fitness, yoga and massage therapy services are all available in your community.

Conveniently located in Georgetown's historic downtown, there is plenty of free parking for clients as well as additional shopping and service opportunities.

DENTAL & ORTHODONTIC: Downtown Georgetown Dental; Dr. S.J. Levitz, Oral Surgeon; Spectrum Oral Surgery; Mill Dental; Heritage Orthodontics

PHYSICIAN & WOMEN'S HEALTH: Dr. Fairoze Poonah MD CCFP; Drs. James and Susan Ying; Halton Hills Women's Health Centre

PHARMACY: Young's Pharmacy; Georgetown Pharmacy

DENTURE CLINIC: Georgetown Denture Clinic (18 Church St.)

CHIROPRACTOR: Dr. Mark Hassard; Cornerstone Health; Dr Ted Niejadlik; HealthSpan Wellness

OPTOMETRIST: Giddens Optometry (Dr. Ben Giddens)

HEARING: North Halton Better Hearing Centre; Total Hearing Centre

NATUROPATHIC: Cornerstone Health; HealthSpan Wellness

COUNSELLING & PSYCHOTHERAPY: Cornerstone Health; Cait Banks Psychotherapy; Insight Counselling & Psychotherapy; Majestic Minds Behavioural & Family Service; Leigh Whiting Psychotherapy; HealthSpan Wellness; Personal Growth & Redecision Centre

OSTEOPATH: Dynamic Health Integrative Clinic

HOLISTIC HEALTH: InSpirit Centre; Clovers; Cornerstone Health; HealthSpan Wellness

YOGA: Crystal Tree Yoga Studio; Studio2Wellness

DANCE: Center Stage School of the Arts

MASSAGE THERAPY: Ancient Way; Cornerstone Health; Dynamic Health Integrative Clinic; HealthSpan Wellness

SPA: Azul Mind, Body & Soul Spa



www.downtowngeorgetown.com

OPINION

NEW GUIDELINES IN PLACE AT HILLSVIEW GEORGETOWN

VACCINATION RECEIPT REQUIRED FOR IN-PERSON PROGRAM VISITORS, WRITES FLORENCE RIEHL



FLORENCE RIEHL
Column

Slowly we are moving forward into what will probably be the new normal at our Georgetown Hillsvie Active Living Centre.

We have extended our schedule to include some of the in-person Active Living programs.

As per the new regulations issued by the provincial government, it is now necessary when you come into the centre to provide a two-dose vaccination receipt along with one piece of government-issued identification.

Individuals who are medically exempt from the vaccine will be permitted entry with written documentation as provided by a physician or registered nurse per the terms of Ministry of Health guidelines.

The online screening

protocol also remains in effect. This screening is to be completed on the same day of attending a program. This can be done on your cellphone.

One of the staff will be happy to help you input the app.

This process is new to everyone, so we ask for your co-operation and patience with staff and each other as we all go through this required proof of vaccine check together.

Just a reminder that drive-thru pickup for your Krispy Kreme doughnuts is on Wednesday, Oct. 6 from 12 noon to 4 p.m.

The Good Food Bags on Fridays will no longer be delivered by ActiVan. They will be available at the centre on Fridays and will be distributed on a first come, first served basis.

You can get your name in for a chance to win one of three 2022 Hillsvie Active Living Centre-Georgetown memberships.

For \$5 you get three chances to win. These have been donated by three of our members.

If you would like to participate please put \$5 in an envelope, write "Membership Draw" along with your name and phone number on the outside and drop it in the bin provided in the vestibule.

The draw will be held Friday, Nov. 26 at 10 a.m.

Hopefully this will be a Thanksgiving you can celebrate with some of your family members. On behalf of the staff at our centre, and myself, may we wish you all a Happy Thanksgiving.

It has been a different and in some cases a very difficult time for us, but there are many things we have to be thankful for.

Florence Riehl is an active member of the Hillsvie Active Living Centre in Georgetown. She can be reached at freeflo@sympatico.ca.

SEND US YOUR LETTERS TO THE EDITOR

The Independent and Free Press values the opinions of its readers, and the community at large.

With that said, we welcome your letters to the editor on all matters that impact area residents.

We ask that letters be no more than 275 words, and include the full name and town of the writer.

Your address and telephone number must also be included for verification purposes only.

We do not publish anonymous letters. Letters will be edited or rejected for offensive content, factual errors, legal issues or space restrictions.

Send your letters to newsroom@theifp.ca.

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