

END OF SUMMER FUN



From left: Janice Dalziel works on making a clay bowl at the Acton Little Leathertown Festival Thursday afternoon (Sept. 9); Chelsea Allen-Carrick pushes sister Callie in her pink car-styled stroller; Chris Krupey of the Red River Riot plays a solo concert.

Graham Paine/Metroland

I'm down 13 3/4" in 3 short months

Joyce Hawley, Retired, Georgetown



A very positive experience! I am more aware of the foods I eat, and I'm eating regular meals everyday now, which I never did before. I am excited about exercising every day, even with a bad knee! I'm down 13 3/4" in 3 short months.* *Joyce Hawley, Retired, Georgetown*

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Dr. Ben Giddens



Dr. Andrea Kozma



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