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OPINION

A FIT-ING RETURN AT HILLSVIEW GEORGETOWN

EXERCISE CLASS SET TO RESUME THIS MONTH, WRITES FLORENCE RIEHL



FLORENCE RIEHL
Column

September at the Hillsview Active Living Centre Georgetown will see some of our activities returning.

We are looking forward to resuming exercise classes on site beginning the week of Sept. 20.

Programs being offered can be found in the September/October Hillsview news. Registration for these programs is now open. Numbers of participants per class will be limited.

The Hillsview news for September and October is available online or you may pick up a paper copy from the table between the automatic doors. In it, you will also find activities from the Acton centre.

It is with mixed feelings that we say goodbye to Dori Bland, the instructor for the dance fitness class. We

will miss her putting us through our paces twice a week and the various dance steps we learned while we exercised. We wish her good health and continued success with her business.

Any memberships paid now will go toward 2022. Nothing like getting an early start on the next year. Just a reminder that your membership is accepted in either Hillsview centre.

Orders are still being accepted for those delicious Krispy Kreme doughnuts. The cost is \$10 a dozen. You will need to make your cash payment and place your order by Friday, Sept. 24.

This offer is open to anyone who would like to make a purchase. You can come into the centre Monday to Friday between 9 a.m. and 3:30 p.m. A drive-thru pickup will be on Wednesday, Oct. 6 between noon and 4 p.m. Oh, I can taste them now.

Beginning Friday, Sept. 10, the 'Toonie Movie' is returning. The cost is a toonie for centre members and \$5 for non-members. The includes a soft drink and a packaged snack.

Movies will be held the second and fourth Friday of the month. If you would like to come out and enjoy a movie, you must pre-register by calling the centre at 905-877-6444.

The centre is a cool place to be, in more ways than one.

Florence Riehl is an active member of the Hillsview Active Living Centre in Georgetown. She can be reached at freeflo@sympatico.ca.

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