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By Cory Soal R.H.A.D.

WHAT SHOULD YOU **EXPECT FROM HEARING INSTRUMENTS!**

- * Understanding speech is a brain function and although the hearing instruments will give your brain the tools it needs to understand speech, it takes training and patience to improve your ability to understand
- * Different listening situations will offer different abilities to understanding. Noisy situations are harder to hear conversation even for normal hearing individuals; hearing instruments should improve your ability, but will not allow you to perform as a normal hearing individual.
- * Many sounds that you hear will sound different, or more distinct, to you. This is because your diminished hearing over a long period of time has trained your brain to accept the slight differences in the sounds you normally hear. Wearing hearing instruments will bring back the original sounds as they should be heard, although different to you. With time your brain will accept the new changes to these sounds.
- * Hearing instruments should allow you to understand speech better in most situations than without your hearing instruments.

The Georgetown



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ACTIVITY PICKING UP AT HILLSVIEW

MORE PROGRAMS RETURNING AND EVENTS BEING PLANNED. WRITES FLORENCE RIEHL



FLORENCE RIEHL Column

We are still in a cautious opening sequence at Hillsview Active Living Centre in Georgetown.

Carpet bowling has resumed and is now added to the other programs already back and running. Carpet bowling runs Monday and Friday, 9 to 11 a.m.

Due to the number restrictions for each program, I remind you that you need to phone the centre, 905-877-6444, to register to attend a program.

On Tuesdays, the Everything Craft group meets from 9 to 11 a.m. They welcome new members, so why not bundle up your particular project and join them while you share your craft and conversation? Sometimes more chatter than craft gets done.

Food bags are still available for free on Tuesdays and Fridays after 11 a.m., on a first come, first served basis. All bags are basically filled with the same items. Frozen bread and meat is often available of Fridays. Again I advise you phone ahead.

Remember those delicious Krispy Kreme dough-

nuts? Well after such a great response to this Krispy Kreme fundraiser, they are coming back. Orders are being accepted now with payment (cash only) due by Friday, Sept. 24 by 3 p.m.

Doughnuts cost \$10 a dozen, with 50 per cent of the proceeds coming back to Hillsview Georgetown. Please note Krispy Kreme donuts can be frozen and taste delicious after thaw-

Last time we sold 200 dozen. Let's double that this time. A drive-thru pickup will be on Wednesday, Oct. 6 after 12 noon.

WiFi-to-Go Sets are still available. Hillsview Active Living Centre members in Georgetown are eligible to borrow iPad Pro and WiFito-Go sets. They can be borrowed for three weeks, but we adhere you to a set schedule to allow units to be

serviced in between sign outs. Please contact the centre for further informa-

For those requiring Acti-Van tickets or Taxi Scripts, please call ahead to the centre to pre-order and pay with credit card and staff will facilitate. Pickup is still in the vestibule between the double set of doors

The region's medical officer of health strongly encourages all program participants, staff and volunteers to be fully vaccinated, and masks are still required, whenever physical distancing cannot be maintained.

Be wise. Be safe.

Florence Riehl is an active member of the Hillsview Active Living Centre in Georgetown. She can be reached at freeflo@sympatico.ca.

