

# I lost 11 1/2" in 6 weeks!!

Grace H. - Glen Williams

.....And Other Local Success Stories.

*Call Clear Vision Hypnosis - We can help you too!*



I've tried it all. Hypnosis is easier than the patch, gum, anything else. **From smoking a pack a day to becoming a non-smoker** was as easy as relaxing and listening.\*

Kevin DaSilva, *Brampton*



**I see a very healthy future right now.** The money I will be saving will go towards things I've wanted for years. It's a good feeling getting up in the morning and not thinking about having that first cigarette.\*

Mike Bland, *Retired, Belwood*

It was definitely easier than I thought it would be. **From a pack a day to a non-smoker.** If you want to quit smoking, hypnosis will help you quit.\*

Ed Collinson, *Shop Manager, Fergus*

I was skeptical about hypnosis at first. I have a deeper understanding about how I feel in my body and my relationship with food. I am more self-aware and **find myself easily curbing excessive food consumption.**\*

Jessica Patterson, *Hairstylist, Georgetown*



A very positive experience! I am more aware of the foods I eat, and I'm eating regular meals everyday now, which I never did before. I am excited about exercising every day, even with a bad knee! **I'm down 13 3/4" in 3 short months.**\*

Joyce Hawley, *Retired, Georgetown*



**From 3 packs a day to smoke free!** I stopped smoking after the first day! I am very thankful for the reinforcement of my decision to be a non-smoker. In my opinion this program really works!\*

R. Palmer, *Retired, Brampton*

I've learned a new skill. If I can do this with weight loss, I can do this with any habit/behaviour that I want to change.

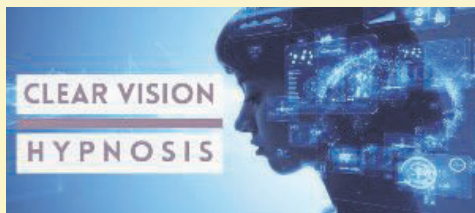
**I lost 11 1/2" in 6 weeks!!\***

Grace H., *Sales Director, Glen Williams*

I started using hypnosis for binge eating. I was in a low place in my life, and **after only 3 sessions, I don't binge eat anymore** and I'm feeling healthier and more energetic already!\*

Shannon Davidson, *Office Administrator, Toronto*

## WEIGHT LOSS • SMOKING • STRESS MANAGEMENT



**FREE Screening!**  
**Call Now!**  
**Limited Spaces Available.**

# 416-919-5657

**GEORGETOWN:** 185 Mountainview Rd. N.,  
(inside Downtown Spa & Relaxation Centre)  
[www.clearvisionhypnosis.com](http://www.clearvisionhypnosis.com)

**Written Service Guarantee**



**Online and in-person sessions available**

\*Individual results may vary