139 awards she's received from 1960 to 2020 with the list for this past decade being the longest. She's the author of more than 50 books of fiction published in more than 45 countries. Co-winner of the 2019 Booker Prize, her latest novel, "The Testaments", is a sequel to "The Handmaid's Tale", now an

award-winning television series. - Luis Mora photo



NHL First **

In 1992 Canadian goaltender, Manon Rheaume, became the first female to play in an NHL exhibition game and a regular-season pro game (IHL). A former national team goalie who won silver with

Team Canada at the 1998 Nagano Olympics, Rheaume made history when she suited up for an NHL pre-season game with the Tampa Bay Lightning. Torstar File Photo



Elevated Camping

Parks Canada's oasis structures are currently available to rent in a handful of provinces. Designed as a teardrop-shaped

'duplex', the oasis is complete with a

convertible table/bed on the main level and suspended hammock loft above. This pod is located at Park National Kouchibouguac on New Brunswick's Acadian Coast. Photo courtesy Parks Canada/Nigel Fearon

We the Champs **#**

"We the North" was the rallying call for Toronto Raptors fans who were rewarded in 2019 with the team's dramatic NBA championship win, the first in franchise history on their first trip to the NBA Finals. Canada's basketball team beat the Golden State Warriors 114-110 to capture the championship after 25 years in the league.

Sustaining Cereal **#**



Pablum was invented by doctors at SickKids hospital's Nutritional Research Laboratories in the 1930s. It was the world's first vitamin-enriched instant baby cereal. Royalties from Pablum

> funded research at the hospital for years.

The cereal was created to help curb infant malnutrition and rickets. The original recipe contained, among other ingredients, precooked wheat, bone meal and reduced iron and was fortified with several vitamins and minerals. Marta Iwanek/Toronto Star Photo



Bianca Andreescu

Open, one of four major championships § in tennis. She earned \$5 million for beating U.S. superstar Serena Williams. Torstar File Photo



PABLIE

Canadians aren't unique in the practice of celebrating with a beverage in hand but there are some uniquely Canadian drinks. The "Bloody" Caesar was invented in Calgary in 1969 by Walter Chell who added clam juice to a traditional Bloody Mary. Visitors

to Newfoundland are likely to be "screeched

in" with a shot of high alcohol rum. Canadian whisky, beer and ice wine all represent our country well. Older than our country, Caribou is a tradition in Ouebec with families concocting their own recipes that include vodka, brandy, port and sherry for a potent and warming brew.









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