

TIME TO RECOGNIZE INDIGENOUS HISTORY

THERE'S MANY WAYS TO CELEBRATE THIS MONTH, WRITES GARY CARR



GARY CARR
Column

It's National Indigenous History Month, a time to celebrate the history, heritage and diversity of Indigenous peoples in Canada.

This month commemorates Indigenous leaders from the past and increases awareness of Indigenous voices today. We also recognize the Mississaugas of the Credit First Nation as the treaty holders on which Halton resides, and all Indigenous Peoples living within the region, including First Nations, Inuit and Métis.

Due to COVID-19, our celebrations will continue to be at home and virtually to keep our community safe. Here are some ways to celebrate:

- the Truth and Reconciliation Commission (TRC) Final Report and 94 Calls to Action;
- the United Nations Declaration on the Rights of Indigenous Peoples;
- the Final Report of the National Inquiry into Missing and Murdered Indigenous Women and Children and its 231 individual Calls for Justice;
- a virtual event on June 30 organized by the Gord Downie and Chanie Wenjack Fund;
- various virtual Summer Solstice Indigenous Festival events throughout

June, hosted by the National Association of Friendship Centres;

- the virtual exhibit at the Canadian Museum of History; and
- the First Nations in Canada historical ebook

I also encourage you to use the hashtag #NationalIndigenousHistoryMonth on social media to share your celebration and to explore more resources.

To recognize National Indigenous Peoples Day (June 21), we will raise the Mississaugas of the Credit First Nation flag at Halton Regional Centre.

There are many resources on the federal government's website to learn more about the unique heritage, diverse cultures and outstanding contributions of First Nations, Inuit, and Métis peoples. You can also use the hashtag #NIPDCanada on social media to share your at-home or virtual celebration.

I also encourage you to seek opportunities for Indigenous education, discussions about diversity and culture and have meaningful and respectful conversations with Indigenous Peoples.

By recognizing southern Ontario's rich Indigenous history, we honour all Indigenous Peoples and celebrate their contributions to making Halton a great place to live, work, raise a family and retire.

Gary Carr is regional chair of Halton Region. To contact him, email gary.carr@halton.ca.

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WHY YOU MIGHT LEAVE YOUR JOB

HAVE RECENT CHANGES CREATED AN IDEAL TIME TO RETHINK YOUR EMPLOYMENT?, WRITES PETER WATSON



PETER WATSON
Column

The world has changed with the pandemic, technology and cost of housing. Many are rethinking their life, rethinking employment.

Is it time for you to resign from your job? That is a question many are asking. There are several issues to consider.

One. The pandemic has been disruptive. Times like this are a perfect environment to rethink your priorities.

Perhaps your job had become too invasive in your life and you have little time, energy or interest to pursue your dreams.

Two. Technology can affect your employment

from two different perspectives.

In theory technology is there to help you be efficient. For many it has allowed their job to expand to 24/7. Also, the rate of technological change is mind-boggling. Are you less comfortable in this type of environment?

Three. House values have soared.

One option is to sell your house, move to a far less expensive community and from a financial perspective, be further ahead than if you remained in your current urban life.

Four. The initial pressure of working from home while providing childcare and educational support for at-home learning was daunting. Now you realize that work had crowded your family life.

Five. Many workplaces have lost their camaraderie. Staring at colleagues during Zoom meetings is far less engaging than past social benefits of a workplace.

The joys of work have diminished.

Six. Have you come to the conclusion that your long commute is a waste of time?

You have many career options. You just have one life.

Peter Watson, of Watson Investments MBA, CFP®, R.F.P., CIM®, FCSI offers a weekly financial planning column, Dollars & Sense. He can be contacted through www.watsoninvestments.com

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