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## Your mortgage agent

If you're looking to renew or refinance your mortgage, Kimberly Singh can help you reach your financial goals at any stage of your home-owning journey.

Kimberly began her career in the real estate industry in 2007 and gained her mortgage brokerage license in 2008.

For the first five years, Kimberly worked with a major bank as a mortgage specialist offering mortgage solutions to clients. She wanted to help clients even further and decided to move back into the brokerage industry where she has 50+ lenders at her disposal.

Kimberly says living in COVID-19 times has pushed her industry to the next level by facilitating virtual meetings and digital signings. They help keep everyone safe while

still offering excellent customer service. "I have always had a technical background prior to my mortgage broker experience," she explains. "I can bring that knowledge with me into my current role."

It's no wonder Kimberly has many of the same clients she has worked with at the beginning of her career. "We have built a great relationship," she says. Kimberly makes her professional services accessible and easy. She's available for client's to book directly at [calendly.com/kimberlysingh](https://calendly.com/kimberlysingh) and offers your communication preference including texting, calling, emailing or having a virtual meeting. So you can have your questions answered in a timely manner.

"I aim to do the best for everyone," says Kimberly, "I'm available to discuss concerns, prepare a preapproval and crunch numbers to consolidate a financial situation or to purchase a property you have fallen in love with."



Kimberly Singh



License 10428

Serving Halton Hills and surrounding area

289-242-6791

[www.kimberlysingh.ca](http://www.kimberlysingh.ca)

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## Understanding caregiving

Becoming a full-time caregiver wasn't a role Oakville resident, Judith Allen Shone thought she'd fall into. When her partner was diagnosed with Alzheimer's and dementia - a condition that affects more than half a million Canadians - Shone began to write stories of her experience.

Part one, her debut book, *Is There Any Ice Cream?* (2019), discloses her experiences as a solo caregiver. In her memoir-style book, Shone relates her formidable experiences accompanied by the emotional chaos of caregiving for her loved one.

In part two, *Did You Hide the Cookies?* (2020), Shone reflects candid and personal experiences with later stages of Alzheimer's.

Shone's caregiving journey includes the support she received from the Alzheimer Society, the many trips to the hospital, searching for answers for unfamiliar behaviours and the emotional twists and turns she encountered.

Readers choose to follow Shone's journey for a myriad of reasons. Her books help other



caregivers discover options for support, explore different perspectives of being a caregiver and feel the comfort of knowing someone else has walked the same path.

"Meeting someone new who I might be able to help by suggesting they call the Alzheimer Society or call their family doctor is rewarding when they tell me what a perfect connection it had been," says Shone. "Problem solving with other caregivers and helping them with immediate issues is important to me."

Shone's journey continues. She says there may be other books in the series. "A third book is in progress and is related to caregiver support, and who knows following that. The keyboard is going to be clicking for some time ahead."

eBook, paperback hardcover
  online ordering

Blog: [AcceptingTheGiftOfCaregiving.com](https://AcceptingTheGiftOfCaregiving.com)

[caregiverbooks.com](https://caregiverbooks.com)

[caregiveralzheimerstory.com](https://caregiveralzheimerstory.com)

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Pauline Farquhar  
owner

## Achieve your goals with hypnosis

Kicking a bad habit like smoking is a lot easier said than done. Weight loss, for many, can be an ongoing struggle that can have adverse effects on your mental health. Overcoming a phobia can be a rigorous process too. If you're looking for solutions to real issues, turning to alternative remedies may be the answer for you.

Clear Vision Hypnosis is the place to help manage ongoing struggles in many aspects of your life. This can be relationships, addictions, stress, sleep issues and much more. Clear Vision Hypnosis programs adapt each session to the client's personal goal and outcomes using national, effective systems like neuro-linguistic programming (NLP).

"At Clear Vision Hypnosis, we believe our programs can make a person's life positive and fulfilling," says Director and certified hypnotist Pauline Farquhar.

Pauline is certified with the National Guild of Hypnotists. She is trained using the Canadian Master Hypnotist Society (MHS) system, which has helped tens of

thousands of people improve their lives.

Before Pauline was a practicing hypnotist, she spent 25 years working in the corporate world in many coaching and training positions – helping business owners achieve their professional goals. She also owned a holistic clinic for 15 years.

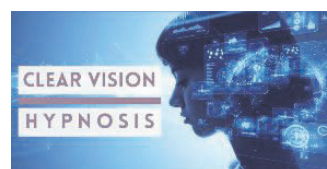
"I was drawn to hypnosis and neuro-linguistic programming as a means to help my clients," she explains. "I found it helped me achieve so many of my own goals, such as overcoming my fear of public speaking."

The programs offered at Clear Vision Hypnosis are always conducted in a respectful and relaxing way. "It's a calming experience," says Pauline. "Your breathing slows down and you're so comfortable that the rest of the world just slips away. It's very similar to being "in the zone" or lost in thought."

Those interested in the programs offered at Clear Vision Hypnosis can book a free screening online or by phone.

online booking

free screening



185 Mountainview Rd, Georgetown

416-919-5657

[www.clearvisionhypnosis.com](http://www.clearvisionhypnosis.com)