

SUPPORT SOUGHT FOR MARCH FOR MEALS CAMPAIGN

MELANIE HENNESSEY
mhennessey@metroland.com

A local non-profit organization is striving to fill the gap between seniors served by Meals on Wheels and those still in need, which has been made all the more urgent by the pandemic.

With March for Meals Community Champions Week well underway, Links2Care — which provides the Meals on Wheels service in Halton Hills — has set a goal to garner more support for the crucial program that helps seniors remain healthy and independent at home.

Local resident Mavis Nicholson is quick to attest to the benefits of the program — something she's been taking advantage of since signing up in 2015 at the urging of her doctor.

"All the food is very good, especially the meat pie with carrots, but what I really like is the people," she said. "The volunteers and staff provide excellent, personal service and really show they care. The co-or-



Links2Care photo

Meals on Wheels client Mavis Nicholson, showing off the new dentures she was also able to get with financial help from Links2Care.

dinator, Brenda Peddie, is such a sweetheart, she even slips me butter tarts because she knows they're my favourite."

According to Links2Care staff, Meals on Wheels delivers more than just subsidized, nutritious food, also providing clients with social connections and wellness checks that can flag otherwise unde-

tected issues.

"Seniors like me are all alone a lot of the time, so having someone to talk to even for five minutes can be a lifesaver," said Nicholson.

To order meals, purchase gift certificates, donate or for further details, visit links2care.ca, email info@links2care.ca or call 905-873-6502.

A Final Gift to Your Family

Prearranging your burial or cremation is the last gift you can give your family. It releases them from having to quickly make decisions in their time of grief. It also frees them from the need to pay costs associated with your cemetery arrangements.

Contact one of our family counsellors to discuss your wishes and options.

DEVEREAUX CEMETERY

Cemetery Address: 12337 17th Side Road, Georgetown
Main Office: 600 Spring Gardens Road, Burlington

Owned & Operated by The Roman Catholic Episcopal Corporation of the Diocese of Hamilton in Ontario

905-877-8500 • www.deverauxcemetery.ca

legal matters | LITIGATION

ASK THE PROFESSIONAL

Q

I just entered the family law court system, and I have a case conference coming up. What can I expect?

A

The case conference is generally the first step in a family law matter after the pleadings are complete. It will be before a judge. Both parties attend with their lawyer if they have counsel. Currently, conferences are being conducted via Zoom. It is confidential and without prejudice. Anything filed in support of, or said during the conference cannot be used in the litigation; this is to foster full settlement discussions. Before the conference, you (or your lawyer) will serve and file a brief, setting out what it is you are looking for and an overview of the facts supporting your position. The judge will give her/his views of the case, in the hopes that the parties will seriously consider the opinion to help them make decisions to settle the case. The judge may have been your trial judge, so it is important to consider her/his views. Good luck, and get it settled! We do a lot of family/divorce law, with offices in Georgetown, Brampton and Caledon East. In light of COVID-19, we are doing most everything virtually. So we are happy to have a Zoom meeting or a telephone call without charge to you to see if we can assist you. Have a great weekend.

Todd C. Hein
Partner
Family/Divorce Lawyer

OFFICE LOCATIONS

GEORGETOWN
8 Guelph Street
905 452 7400

BRAMPTON OFFICE (Main)
350 Rutherford Road S., Suite 320
905 452 7400

CALEDON EAST
15955 Airport Road, Suite 201
905 584 4545

Proud member of

Georgetown Hospital Foundation
B2C Business in Community
HALTON HILLS Chamber of Commerce

Empowering Clients. Enriching the Community.

The advice offered in this column is intended for informational purposes only. Use of this column is not intended to replace or substitute any professional, financial, medical, legal, or other professional advice.

ON NOW AT THE BRICK!

The **BRICK 50** YEARS

SAVING YOU MORE

IT'S OUR HUGE

SEMI-ANNUAL 3 DAY SALE!

FRIDAY, SATURDAY & SUNDAY

SAVING YOU MORE

For more details go instore or online @thebrick.com.