

# The COVID-19 pandemic in Canada is serious.

Continue to practise all public health measures:



Follow local guidelines for gatherings



Maintain physical distancing



Wash your hands



Wear a mask



Stay home if you have symptoms, even mild ones



Canada

Download the COVID Alert app

Protect yourself and others.

Learn more at [Canada.ca/coronavirus](https://Canada.ca/coronavirus) or 1-833-784-4397.



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