

# COVID-19 MOST OFTEN TRANSMITTED AT HOME: HEALTH OFFICIALS

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Halton's public health officials are tracking a variety of data regarding local COVID-19 cases, including locations where the highly contagious disease is most likely transmitted.

According to details Halton Medical Officer of Health Dr. Hamidah Meghani shared with regional council on Oct. 21, these are the five most common places where a person with COVID-19 may expose others to the virus:

1. Their own home — those who live with the patient are exposed.

2. Private social gatherings — most in this category are where a person visits the home of family or friends while conta-

gious, or has company at their house.

3. Entertainment and dining establishments — the majority occur at bars or restaurants, followed by wineries, breweries and banquet halls.

4. Other businesses or workplaces — various locations such as construction sites, manufacturing facilities and offices.

5. Gym, fitness and recreation facilities.

"It's important to note that many of these categories might also be considered social gatherings, such as travelling with or dining at a restaurant with individuals outside of a person's household, or weddings and other special events being held at banquet halls or wineries," said Meghani. "These locations may also be the case's place of work."

As contact with a confirmed case of COVID-19 remains the main source for local infections, she said, "it's not surprising that private homes and social gatherings are the two most common transmission exposures that we see to date."

Meghani also detailed the top places where a person with COVID-19 may have acquired or been exposed to the virus — a list that essentially mirrored the one above.

Further details on local COVID-19 cases can be found at [halton.ca/COVID19](http://halton.ca/COVID19).

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Karen Martin-Robbins/ Torstar

Here's a look at where COVID-19 is most commonly contracted.

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