

CELEBRATE MOM – AT HOME OR FROM A DISTANCE, MAY 10

IT'S POSSIBLE TO SHOW MOM LOVE AND OBSERVE PHYSICAL DISTANCING

This year's unprecedented physical-distancing measures mean families will need to be creative about how they celebrate Mother's Day. Usual stand-bys like spa visits, day trips and brunch reservations are off the table, but that doesn't mean showing your gratitude is cancelled.

Whether you're celebrating a mom you live with or one you need to keep your distance from, Ontario-based moms and entrepreneurs Maria Locker, founder of the-momprenneur.com, and Rebecca Brennan and Jaime Duggan of thecommonmoms.com have advice for you.

IF YOU CAN'T BE WITH MOM, SURPRISE HER WITH SOME SNEAKY GARDENING.

"One of the tips I really

liked was from Grace Moores, who has been a member with us since 2010," said Locker, who is based in Milton and asked some of her mompreneurs across Ontario for ideas. "Her company is Jolly Bark. She's come up with some different ways to do guerrilla gardening, so surprise your mom with some new plants the night before, so when she wakes up there's new plants in her garden."

PLAN A HOME SPA DAY AT HOME.

"Just go through your cupboards and see what you have. Even if you don't have nail polishes on hand, you could have a foot bath together and talk," Locker said. "We have actually a few members that make their own bath salts and es-



Retha Ferguson/Pexels

There are many ways to honour moms while also respecting physical distancing guidelines this Mother's Day.

sential oils, so you could make that an extra step, especially if you have younger kids. It could be fun to make the products you're going to use at your home spa."

BRING BRUNCH OR DINNER TO YOUR TABLE.

"So many local restaurants are providing con-

tactless pickup and delivery options during this time," said Brennan, who lives in Burlington. "From dinner to doughnuts and everything in between, order mom whatever is her favourite, and have it delivered right to your door."

TAKE A TRIP DOWN MEMORY LANE BY GOING THROUGH YOUR

FAVOURITE PHOTOS TOGETHER.

"Have every family member choose their favourite and talk about all the reasons they love mom," said Duggan, who lives in Waterdown. "If your pictures are digital send them off to print or create an online album together."

GATHER YOUR FAMILY AND YOUR DEVICES AND HAVE A VIRTUAL CELEBRATION.

"Just because we can't be together doesn't mean we can't see each other," said Brennan. "There are so many great ways to connect virtually during this time. Take advantage of them to spend some quality time together."

CREATE A KEEPSAKE CRAFT TOGETHER.

"Common Moms is offering DIY craft kits that parents and children can work on together at home," said Duggan. "Whether you choose one that is

Mother's Day themed or something more generic, this is a great way to spend time together creating something special.

ORDER A LATE GIFT ONLINE.

By now, it's too late to order gifts online to be delivered in time for Mother's Day. However, if the mom in your life doesn't mind an IOU on May 10, here are some options for gifts made by moms in Ontario that can be delivered to her door.

The Common Moms offers craft kits for online purchase at thecommonmoms.com/shop that can be assembled at home.

Rest and Nest collections, based in Toronto, offer special touches to transform your mom's nursing home room into a homey living space. Order from their collection online at restandnest.ca.

Clean Kiss is an Oakville-based skincare line that boasts entirely plant-based ingredients. Order their products online at cleankisslifestyle.com.

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