

COVID-19 LOCAL IMPACTS

For Town-related COVID-19 updates:

haltonhills.ca/covid19

For public health-related information:

halton.ca/COVID

Virtual Town Halls every Thursday at 4 p.m.

Live links on haltonhills.ca



NEWS

HEALTH-CARE APP ENHANCED TO ACCOMMODATE VIRTUAL CARE

NEW FEATURE HELPS #KEEPISENIORSSAFE

Kristy Dickinson, the Burlington woman who developed an app to help chronically ill patients manage their medical information, has enhanced Chronically Simple for vulnerable patients in this time of COVID-19.

"We recognized the need to react to the spread of COVID-19 by pivoting and refining our latest version of the app to accommodate virtual care, which is becoming a reality for the millions of patients living with and managing their illnesses daily," said Dickinson, who battles Ehlers-Danlos Syndrome.

The latest version of the application includes a comprehensive symptom tracker for temperature, pain, fatigue, cognitive ability and nausea, as well as medication dosage and prescription tracking, which are all key factors in managing a chronically ill patient's progress and treatment, according to a press release accompanying the new health-care app's launch.

This is how the app, which is being offered at this time for free to first-time users, works:



Kristy Dickinson

SYMPTOM TRACKING

Chronically Simple users can log how they are feeling, what — if any — side effects they are experiencing and how their medication regimen is changing. This is critical for chronic or rare disease patients who, after experiencing improved symptoms, may be tempted to discontinue treatment, particularly if their treatment is complex or difficult (e.g., self-injectable therapies or infusions).

FEVER TRACKER

As a new function available within the symptom tracking feature created specifically in response to COVID-19, Chronically Simple now allows users to track their temperature. By offering an at-home monitoring tool to record body temperature, a pa-

tient's care team will be positioned to act quickly and concisely if the symptom begins to signal an emerging problem.

PHARMACY MATCHING

Building on its existing functionality, Chronically Simple now allows users to not only add prescriber and script information, but also pharmacy information, which is incredibly critical during a time where treatments are managed virtually. This new feature is particularly helpful for patients or caregivers who manage complex therapy regimens and are regularly engaging with multiple physicians, specialists and pharmacies. The app also offers appointment reminders, so users can review their prescription notes before visiting their doctor.

MEDICATION TRACKER

As an update to the current medication tracker functionality, the solution now accommodates medication that is taken with varying dosages and at different intervals.

Patients and caregivers can access Chronically Simple's free trial at chronicallysimple.com or by downloading the app through the App Store or Google Play.



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