



By Cory Soal
R.H.A.D.

... Lend Me Your Ears

COMMON QUESTIONS ABOUT TINNITUS - PART 2 DO WE KNOW WHAT TINNITUS IS?

The actual cause or event or mechanism of Tinnitus is not known. We know it is real; it is a symptom that something is wrong in the auditory system, but we do not know what that something is. We do know that it is not the patients imagination; it is a physiological or neurological event. There is reason to be hopeful because current research using a Tinnitus model may provide the necessary information for identifying its cause.

IS IT ASSOCIATED WITH HEARING LOSS?

In most cases, Tinnitus is associated with some hearing loss. For example, those who have been exposed to excessively loud sounds may have a hearing loss for the high pitched tones. Usually their Tinnitus will be located as a high pitched tone in the region of the hearing loss. In some cases Tinnitus is present where there is no hearing loss and for no discernable reason. For more information feel free to call...

The Georgetown



HEARING CLINIC

We care about your hearing!

Professional Arts Building
99 Sinclair Ave., Suite 210, Georgetown
905-873-6642

Serving the community of Halton Hills and surrounding areas since 1992

OPINION

LET'S USE THIS TIME PRODUCTIVELY

THERE'S STILL PLENTY WE CAN DO TO STAY ACTIVE AND FOCUSED DURING SELF-ISOLATION, WRITES FLORENCE RIEHL



FLORENCE RIEHL
Column

Did you ever think we would be experiencing such a pandemic in our lifetime?

Unable to go to the Hillsview Active Living Centre to meet with friends and take part in our programs. Unable to visit our friends or relatives, staying a hockey stick's length away from everybody, wearing masks and rubber gloves, lining up to get into the grocery store, and on it goes?

But there is a positive side to all this and, personally, I prefer to dwell on that. I think of all the people who have called to check up on

me and others. To you all I say thank you a million times for your thoughtfulness. I know I speak on behalf of all of us.

Are you using this time to clean out all those cupboards and drawers? Really? Well, try as I might, I just can't get that urge. Be honest! I did find the bottom of my clothes hamper. But I have to keep doing laundry to keep seeing it. Never thought I would find laundry so rewarding.

Terri, Sherry and Kim are still at Hillsview cleaning out, disinfecting, getting to all the things that never get finished when the centre is full. As far as the administrative parts of the operation, things are still moving ahead — program planning,

reports, grants, annual general meeting (AGM) via email and the list goes on. All this business doesn't stop when the centre is closed.

The town is using Zoom to host meetings, so all staff are still engaged in their work program as well as all the different training and education that was scheduled — now happening through the many opportunities technology gives us.

Exciting is the new "Centre Without Walls" program that the office has started, using a special conference call system. We can now participate in different programs when the centre is closed just by using our phones (cell or landlines).

It will be featured each Monday, Wednesday and Friday morning at 10 a.m. Call the number provided and press the code (numbers provided). It's just like a telephone call-in talk show. It is

fun and keeps us involved. If you need more information call Sherry at 905-877-6444 to get connected and she will either give you the number over the phone or email you a copy of the schedule. Get in the groove. Give it a try. This is open to the community as well; you don't have to be a member to try it.

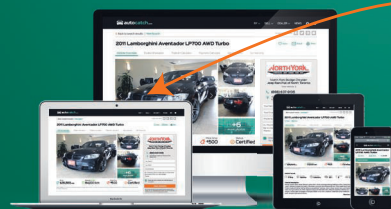
My plants in a basket that I got at the centre a couple of weeks ago are doing great, even for me — a non-gardener. I have the most beautiful pansies and I may be picking my own strawberries soon. Could be that I remembered to water them and even talk to them.

Florence Riehl is an active member of the Hillsview Active Living Centre in Georgetown.

YOU OPINIONS

SIGN UP FOR OUR WEEKLY NEWSLETTER AT THEIFP.CA

Right } Car Price Place } Choice



Find what you're looking for, in the location you want, for the price you want to pay!

Catch a Great Deal!

Browse our inventory of vehicles by Body Style, popular Makes and Models, Province, popular Cities or by Price. Whatever path you choose, you will find the right car, in the right location, for the right price!

autocatch.com

Halton Hills Active Transportation Master Plan (ATMP)



The Town is hosting its first ever Virtual Open House

Visit letstalkhaltonhills.ca on April 27 & give us your input on the final phases of the Halton Hills ATMP

