

Dear Friends in Wellington-Halton Hills:

Together, we continue to confront the COVID-19 public health emergency. As we have seen, our efforts to stay home when we can and practice physical distancing have had a positive impact, but we must continue these measures to not only flatten and plank the curve.

I would be the first to admit that "physical distance" has been a challenge for me, as in normal times I make an effort to practice "physical presence" in our Riding, through meetings with constituents and attending community events, and helping out however I can. But these days, my staff and I are working remotely on your behalf.

We all need to remember the advice of our mental health organizations and advocates about how to navigate these difficult times and reduce our stress and anxiety as much as possible:

- Use credible media sources to stay informed, but take a break from it when you need to
- · Be kind to yourself, and to others
- Stay active by going out for a walk (being sure to maintain appropriate physical distancing), or try exercising at home
- · Reach out to others through phone calls, texts, or video calls

Please know there are also still a number of community resources available to assist you if you are struggling during this period of physical distancing and ever-changing circumstances, including:

 Canadian Mental Health Association Waterloo-Wellington branch:

1-844-437-3247

 Canadian Mental Health Association Halton Region branch:

1-877-693-4270

ConnexOntario:

1-866-531-2600

As always, my staff and I are here to help on matters involving the Provincial Government, and we can be reached by phone or e-mail.

Until I see you again, keep well, stay safe, and take care.



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■ NEWS

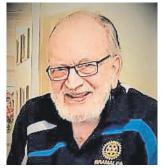
CORONAVIRUS VICTIM DESCRIBED AS 'WONDERFUL MAN'

LOUIE ROSELLA Irosella@metroland.com

Halton Region's health department is now reporting a fourth coronavirus death in the region.

The region isn't revealing where the death occurred, the gender of the deceased person or in which municipality they resided.

"Halton Region Public Health staff cannot speak to the details of individual COVID-19 cases beyond the information provided on our website," spokesperson Julia Le said in an



Facebook photo

Georgetown resident Jack Martin Kerman, known as Marty, died April 3 just a week shy of his 87th birthday from COVID-19.

email Thursday evening.

Halton Region had been reporting these details earlier.

Georgetown resident Jack Martin Kerman, known as Marty, died April 3 just a week shy of his 87th birthday. He is one of the COVID-19 deaths in the region.

Kerman, a married father of two, grandfather of eight and great grandfather of five, lived in the Mountainview Residence retirement home. He was taken to hospital in late March after a fall and subsequently tested positive for COVID-19.

His son, Randy Kerman, said his dad "passed away in his sleep suffering the rage of COVID-19."

In a Facebook post, Kerman described his father as "a wonderful man who raised me to be the man, husband, father and Zadie (grandfather) that I am."

He said the community must learn from what this "horrible plague" is doing to the world.

"What is important is what we all can do to help slow the cause for others — this is no hoax, it's not some country's fault — blame game doesn't save lives. Social distancing, washing hands regularly — staying home period," he wrote on Facebook.

Two other coronavirusrelated deaths in Halton were Milton and Oakville residents.

COVID-19 CURBSIDE PICKUP UPDATES

Due to the current high volume, there may be a delay in preparing your order. Currently we are working on next day service



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WWW.UNITEDLUMBER.CA

Please wait for a call or email to confirm your pickup time to ensure you don't experience additional wait times.

IF IN AN EMERGENCY WE WILL DO OUR BEST TO ACCOMMODATE SAME DAY PICK UPS ON ESSENTIAL ITEMS ONLY.



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