

HEY, HALTON HILLS, SEND US YOUR PHOTOS



Tony Fortunato photo

A black squirrel searches for food in a Georgetown backyard. Got a great local photo you'd like to share? Send it to sleblanc@metroland.com, along with a brief description.

Stop living with Chronic Pain!

Eramosa Physiotherapy is excited to provide Shockwave Therapy. There are no side effects with this non-surgical treatment and it is available at a reasonable cost. Shockwave treatments are non-invasive and promote accelerated recovery of injured soft tissue, bone, heel and joint pain. Shockwave has been clinically proven to have a high success rate in the following conditions:

- 90% improvement for plantar fasciitis
- 88% improvement for patellar tendonitis
- 83% improvement for calcific tendinitis of the shoulder
- 77% improvement for tennis elbow
- 76% improvement for achilles tendinopathy



Contact us to learn more information or book an appointment with one of our physiotherapists!

ERAMOSA PHYSIOTHERAPY CAN HELP YOU
333 Mountainview Rd. South Unit 7, Georgetown, ON L7G 1E6
905-873-3103 | www.erasomaphysio.com



A Free Family Skate

Sunday January 12th

12:00 p.m. to 1:30 p.m.

Mold-Masters SportsPlex

Saputo Ice Pad

221 Guelph St., Georgetown

Everyone welcome.

For more information call: 1-800-265-2365



Wellington-Halton Hills MPP Ted Arnott



DR. ELAYNE TANNER
Registered Social Worker

Counselling & Psychotherapy

Milton 905-854-0801
www.DrElayneTanner.com

Q: My wife and I are having some difficulties. We would like to come and talk to you to get some help before what seem like small, but annoying problems, become bigger issues. Are you covered by my benefits?

A: Welcome to a New Year, and a new beginning. First of all, I want to commend you on being proactive regarding your marriage. Many couples try to sweep problems under the rug and before they know it, small issues become big ones. Relationships in which both parties are invested in fixing the difficulties or gaps that have developed have a far better chance of success in saving the relationship.

Whether I am covered by your benefits is a different question. If you have coverage for any counselling, it is likely that you will be covered to see me. However, each benefit package is unique so how many sessions or how many dollars are included or which professional designation are covered, will vary. It is your job to check and be aware of your coverage and there is no way for me to know that information.

As noted, if you have benefits that cover counselling, they will likely cover my services. I am a Doctor of Social Work, and a Registered Social Worker. I have a Ph.D., M.S.W. and B.S.W. degrees in social work and many years of practice. My services are covered by most benefit packages, including school boards (OTIP); and government bodies such as Worker's Safety Insurance Board (WSIB) and CIB (Criminal Injury Board). I am also licensed with the government Motor Vehicle Accidents Insurance body (HCAI). Once you confirm your coverage with your benefits or provider, we then determine how they want to be billed. I cannot bill government bodies on your behalf without first receiving their approval and completing documentation. On the other hand, as an example, because I am approved with OTIP, you pay me and are reimbursed.

Some workplaces provide counselling but do so through a specific EAP (employees assistance program) company. In those situations, you work within their parameters of counsellors, and number of sessions designated (usually 4-6 hours max). Some EAP programs do not pay their providers well and so you may have limited choice in how you receive services for example, by telephone and where the therapist is located. For example, many are in the USA. However, even when there is an EAP, some plans have discretionary funds so that they can cover my services.

Lastly, because of my level of expertise, I am covered under most plans but even when there are no benefits available, many feel that receiving counselling with me, is a worthwhile investment in their lives—and much cheaper than divorce lawyers! This is a new year, and new decade and you can choose the life you want to live. Happy New Year!

"HELPING YOU HELP YOURSELF"

Elayne Tanner Social Work Professional Corporation



Ask the

Professionals

Find local professionals here

every Thursday!

For advertising information

please call 905-234-1018

or email kkosonic@theifp.ca



16 Mountainview Rd. S.
Suite 101
Halton Hills ON L7G 4K1

905-877-2211
info@fiddesclipsham.com



Zachary Fiddes
B.ENG., O.L.S. President

Q: What is an easement and how do they affect my property?

A: An easement is a right that another person or company has over your land. For example, your neighbour could have an easement over a portion of your property to gain access to their property, like a shared driveway, or a utility company could have an easement over your property to build and maintain utilities that cross your backyard.

An easement often restricts your ability to build any structure on the land over the easement area since that will likely impede on the rights of whoever owns the easement. For example, you would not be able to build a pool if the cable company has an easement to install buried wires along half of your backyard, nor could you build a fence across a shared driveway if it impedes on your neighbours' ability to access their house.

The rights and obligations described in any easements registered on a property are usually transferred to the new owners when the property is sold so when buying a new property it's a good idea to obtain an up to date survey that will show the location of any existing easements on the property.

A licensed Ontario Land Surveyor can describe what you own by preparing a survey of your property and can even stake out the limits of any easements on the ground if necessary. As a licensed Ontario Land Surveyor I will be happy to discuss your particular situation with you and help you determine if a survey of your property is recommended for your needs.