## NOT HEADING SOUTH? THERE IS PLENTY TO DO HERE

## TIME TO GET CAUGHT UP, WRITES FLORENCE RIEHL



FLORENCE RIEHL Column

Decorations are, or will be, packed away for another year.

Hope your Christmas was everything you dreamed of and more. What a generous lot of members we have at our Hillsview Active Living Centre!

Your Christmas giving to the Humane Society, Links2Care and the Bread Basket meant other people and the animals had a better Christmas. Doesn't it just make your heart feel good to be able in a small way to make this old world a little better? Thank you to

all who donated.

Now we are settling into quiet January - time to get caught up on rest, pay up the bills and for some preparations for a visit to some warm part of the continent. But for those of us left behind we have lots of activities planned at the Hillsview Active Living Centre in Georgetown and the warmth of friends.

Monday afternoon Bingo in increasing in popularity. January dates are Jan. 6 and 20. Play starts at 1 p.m. and is open to Centre members only.

This is my clue to remind you that your annual membership is due Jan. 1, 2020.

Just think what that membership is worth throughout the year - reduced costs for Active Living Programs, drop-in programs, special events and a wonderful place to meet your friends and to make new ones.

Friday Toonie movies for January will be shown Jan. 10 and 24. Movies begin at 12:30 p.m. sharp and include a drink plus popcorn with your admission.

Everyone is welcome to come and learn about essential oils and their benefits.

This workshop takes place on Tuesday, Jan. 21 beginning at 10 a.m. There is still room for you on the sign-up sheet at reception. Please pay the drop-in fees when you sign up.

Wednesday Computer workshops are beginning again on Jan. 15. This is your opportunity to learn how to operate that new computer you got for Christmas or the one you have been struggling with for some time. The topic for the first class will be using the internet. Classes to follow in January will deal with using email and ereaders, tablets and iPads. Even when you think you know enough there is always something more to work on.

Gus is going to prepare and teach you how to make his authentic recipe for Baklava. It is the most delicious dessert you can ever taste. There will be a small cost for supplies. Participants will be kept to a minimum of 10. Class will be held on Tuesday, Jan, 14 at 10 a.m. Please sign up and pay at reception.

If you are interested in learning to play bid euchre, euchre, or cribbage, classes are held on Wednesdays at 10 a.m. Give Glenda a call to make arrangements to come in on Wednesday to learn or get some help.

A new Active Living class is being offered beginning Jan. 8 and running to March 25 (12 weeks). It is Zumba Gold Chair using

all the fun Latin rhythms. This gentle class takes place entirely in a chair. Classes run Wednesdays from 10:30 a.m., to 11:15 a.m. Please register at the office for this class.

Watch the reception desk area and the new TV in the lounge for new events being offered that may not appear in the Hillsview magazine. We are constantly growing and changing.

Florence Riehl is an active member of the Hillsview Active Living Centre in Georgetown.

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