

EARLY YEARS

- Parent & Tot Swimming Lessons (from 4 months)
- Preschool Swimming Lessons (ages 3-5)
- Baby & Me Aqua Fit (6 months to 2 years)
- Jumpin' & Jammin' Dance (2-3 years)
- Kinderdance and Twinkle Toes Ballet (ages 3-5)

SCHOOL AGE

- Swimming Lessons (level 1-9)
- March Break Camp: Adventure Splash 'N Fun (born 2007-2014)

YOUTH

- First Aid & CPR Training (13+ years)
- Teen Swimming Lessons
- Halton Hills Lifeguard Club
- Advanced Lifesaving
- *Visit haltonhills.ca/youth for more youth programming

ADULT

- First Aid & CPR
- Adult Swimming Lessons, Advanced Lifesaving
- Aqua Fit (Shallow/Deep Water, Running H²0, etc.)
- Fitness Programs Cardio, Muscle Strengthening, Dance Fitness, Yoga, Qi Gong, T'ai Chi & more
- Masters Training Swim Program

SWIMMING & SKATING

For daily and holiday recreational swim and skate times, visit haltonhills.ca/swimming or haltonhills.ca/skating.

MARCH BREAK CAMP

A full week of fun for kids born between 2007-2014! Check out **haltonhills.ca/camps** for details.

PASSES

Save on swimming, skating & more at **haltonhills.ca/passes**.



Give the gift of recreation! Gift cards available now at a Town facility near you. The IFP - Halton Hills | Thursday, December 12, 2019