

Advertorial

A VALUABLE & PERMANENT HOLIDAY GIFT IDEA

Permanent fat cell reduction without surgery is real and it is available in Milton! This technology is clinically proven, time-tested, and approved by Health Canada. Finally, there is a safe and efficacious treatment option for stubborn fat!

Years ago, I identified the need to offer a technology in my practice that would help patients with this frustrating issue. However, researching the various technologies available in the industry led me to believe that while we were close; I wasn't quite satisfied with the science, results, and safety of available options. All of that changed this summer when I learned about WarmSculpting with SculpSure.

WarmSculpting is without a doubt the technology that my patients and I have been waiting for! An efficacious device that offers quick and safe treatments that permanently destroys fat cells. Finally, there is an option to treat those stubborn areas of fat that cannot be adequately targeted with exercise and diet. Best of all, there is no down time or surgery involved whatsoever. Treatments last 25 minutes and before you know it, you're leaving the clinic on the way to make dinner or go to the gym! Albeit, with 24% less fat cells!

Since our clinic has added WarmSculpting to our list of services, a lot of my patients have asked whether they're an ideal candidate. Ultimately, whether you're an ideal candidate for WarmSculpting will be decided upon during the consultation process where our physician led staff will also set the appropriate expectations of outcomes. WarmSculpting is very customizable and you can be rest assured that your treatment package will suit your precise needs. As the saying goes, people are unique as snowflakes! Thankfully, WarmSculpting is designed to be versatile in order to melt those extra few icicles that you aren't satisfied with!

The amount of fat and the areas which we carry this bothersome fat is dependent on a multitude of factors that include our level of activity, diet, and genetics. Nevertheless, what is important is to understand that you are essentially stuck with the number of fat cells you have. A strict diet and exercise regimen will shrink your fat cells, not destroy them! WarmSculpting provides this option. It is an extraordinary

supplement to a good diet and exercise routine. Many patients find that WarmSculpting is also a catalyst to a positive lifestyle change. It gives us the positive energy to live an increasingly healthier lifestyle and truly reveal our own beauty.



On average, each patient can expect to see 24 percent permanent fat cell destruction in their treatment area. During the treatment, WarmSculpting targets the body's subcutaneous fat and denatures the adipocytes (primary fat-storage cell in our bodies) in the treatment area. The body's lymphatic system then slowly and gradually removes the destroyed cells in a very natural process which takes place over the course of 6 to 12 weeks.

But what about liposuction or surgery? Invasive options for fat cell removal are still certainly an option and in some cases may even be a better fit for you. However, with surgery comes the potential of various risks including adverse side effects, prolonged downtime and discomfort, and a dramatically increased cost to the patient.

What separates WarmSculpting from surgical liposuction procedures is that there is no bruising, no downtime, far shorter treatment duration, and the procedure discomfort is tolerable. You wouldn't be the first person or the last to have a treatment over their lunch break!

But what about weight loss medication? Weight loss with appetite reducing medication reduces the amount of fat that is stored in our existing adipocytes; but the number of adipocytes remain the same. These cell

are hormonally and chemically waiting to grab onto more fat to put into storage for that famine we have evolved to prepare for! Yes, our bodies are still way behind in evolution and not caught-up with our brains or technology for that matter!



We don't judge ourselves for spending money on our child's braces or a relaxing beach vacation. We want our children to have a beaming confident smile. We want a moment to unwind. Treat yourself and allow your own self to become your prerogative. Your self-image is important. So if you have that stubborn area of fat that bothers you, that idles in your brain when you're thinking about an outfit you want to wear for that special occasion, or someone who has simply exhausted every mechanism they could to fix that troublesome area of fat; I recommend that you consider investing in yourself and your self-confidence with a WarmSculpting treatment.



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