



By Cory Soal  
R.H.A.D.

# ... Lend Me Your Ears

## COMMON QUESTIONS ABOUT TINNITUS - PART 2 DO WE KNOW WHAT TINNITUS IS??

The actual cause or event or mechanism of Tinnitus is not known. We know it is real; it is a symptom that something is wrong in the auditory system, but we do not know what that something is. We do know that it is not the patients imagination; it is a physiological or neurological event. There is reason to be hopeful because current research using a Tinnitus model may provide the necessary information for identifying it's cause.

### IS IT ASSOCIATED WITH HEARING LOSS?

In most cases, Tinnitus is associated with some hearing loss. For example, those who have been exposed to excessively loud sounds may have a hearing loss for the high pitched tones. Usually their Tinnitus will be located as a high pitched tone in the region of the hearing loss. In some cases Tinnitus is present where there is no hearing loss and for no discernable reason. For more information feel free to call...

The Georgetown



## HEARING CLINIC

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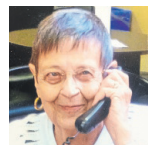
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## OPINION

# DECEMBER STARTS WITH CHRISTMAS DANCE

## BUSY MONTH AT HILLSVIEW, WRITES FLORENCE RIEHL



FLORENCE RIEHL  
Column

Thank you to all who took part in our successful Christmas Bazaar on Saturday, Nov. 16. This includes all the vendors, all those who baked those delectable sweet things, the ladies who worked in the kitchen keeping the sandwiches and coffee coming and all the members who worked at a table somewhere. As the old saying goes, "many hands make the load lighter."

It appears that December will prove to be a busy time at the centre, beginning with our Christmas Dance on Friday, Dec. 6 from 7 to 10 p.m. Music for your dancing plea-

sure will be supplied by Dino-P-Joe Sideroad Trio. You will find yourself tapping your toes to the old-time fiddle and Celtic tunes. Refreshments will be available for purchase. Dance tickets may be purchased at reception.

Interested in making a Christmas centrepiece? Come out to a workshop on Thursday, Dec. 10 at 10 a.m. and make a fresh Christmas table arrangement. There is a small cost for materials. Please sign up and pay at reception. Ticket sales for the Christmas buffet dinner are going well. The turkey dinner with all the trimmings will be held on Thursday, Dec. 12 at noon. Tickets are limited. Entertainment will be supplied by our own HALC Band performing The Sounds of Christmas. Come on out and enjoy an early Christmas dinner with friends.

What would Christmas be without an afternoon of fun with the Secret Santa on

Tuesday, Dec. 17 at 1 p.m. Wrap up a gift with a value of \$10. Then watch the confusion begin. Everyone ends up with a gift but you can't peek until all the gifts are off the table. What treasure will you take home? Please indicate if you will be joining us by signing up at reception.

We are asking you to extend your generous spirit by adding to our Christmas donation boxes. There will be a box each for the Humane Society, Links2Care and Georgetown Bread Basket. We know we can count on your generosity again this year.

Movies for December will be held on Dec. 6, 13 and 20. Each will have a Christmas theme. You can always check the board by reception for the movie title.

It is amazing how fast Dec. 31 comes around. This is the time to renew your membership for 2020. Please enquire at reception for help in doing this and keep in mind the cen-

tre will be closed the last week of December.

Still wondering what to get for that senior in your life? May I make a couple of suggestions? How about a 2020 membership to the Hillsview Active Living Centre? Or perhaps a senior's cookbook for two? Or a coffee card? Or one of our day trips from the travel desk? Speaking of the travel desk, have you signed up for our February trip to Mrs. Mitchell's for lunch and then to the Orangeville Theatre for a spectacular concert celebrating Gordon Lightfoot? Drop by and see us. We are available Monday to Friday from 9 a.m. to 1 p.m.

The centre will be closed for Christmas from noon on Dec. 24 to Jan. 1, 2020.

On behalf of everyone here at the centre may I wish you a safe and merry Christmas and a happy and healthy new year.

*Florence Riehl is an active member of the Hillsview Active Living Centre in Georgetown.*

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## The Staff at the Georgetown Denture Clinic have written a Christmas carol and have dedicated it to Alex Trenton, Denturist!



### SUNG TO THE TUNE OF "JINGLE BELLS" "DENTURE TEETH!"

DENTURE TEETH, DENTURE TEETH  
I MAKE TEETH ALL DAY  
OH WHAT FUN, IT IS TO MAKE  
THOSE TEETH ALL MY OWN WAY!

WORKING IN MY LAB  
LOCATED ALL RIGHT HERE  
I MAKE THOSE TEETH MYSELF  
WITH MY BLOOD, SWEAT AND TEARS  
I LOVE TO CREATE SMILES  
FOR ALL THOSE PEOPLE WHO COME  
SOME FROM MANY FAR AWAY MILES  
JUST FOR ME TO MAKE THEM SOME!

OH, DENTURE TEETH, DENTURE TEETH  
I MAKE SMILES ALL DAY  
OH WHAT FUN IT IS TO MAKE  
THOSE HAPPY TEETH ALL DAY!

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