



Community Living North Halton

A Community Where Everyone Belongs and is Valued



www.clnh.on.ca
"Donate Now"
 (905) 878-2337

Over 15 vital recreational and respite programs at risk

Over 550 children, adults and families rely on your generosity

You have the ability to touch hearts and change lives...



Serving People with Special Needs in Halton Hills & Milton since 1955

Stop living with Chronic Pain!

Eramosa Physiotherapy is excited to provide Shockwave Therapy. There are no side effects with this non-surgical treatment and it is available at a reasonable cost. Shockwave treatments are non-invasive and promote accelerated recovery of injured soft tissue, bone, heel and joint pain. Shockwave has been clinically proven to have a high succession rate in the following conditions:

- 90% improvement for plantar fasciitis
- 88% improvement for patellar tendonitis
- 83% improvement for calcific tendinitis of the shoulder
- 77% improvement for tennis elbow
- 76% improvement for achilles tendinopathy



Contact us to learn more information or book an appointment with one of our physiotherapists!

ERAMOSA PHYSIOTHERAPY CAN HELP YOU
 333 Mountainview Rd. South Unit 7, Georgetown, ON L7G 1E6
 905-873-3103 | www.eramosaphysio.com

NEWS

HALTON RANKING AN IMPROVEMENT OVER LAST YEAR

Continued from page 3

severity index score of 28. For the most recent survey, Thompson, Man., had the dubious distinction of being ranked the most dangerous place in Canada, with a violent crime severity index of 570, while North Battleford, Sask., had the worst overall crime severity index of 385.

Thompson, with a population of just 14,146 had three homicides, 925 assaults, 48 sexual assaults, five firearms offences, 33 robberies, 106 break-ins, 51 fraud incidents, 155 impaired-driving incidents and 63 Youth Criminal Justice Act offences in 2018.

Toronto ranked 39th on



Graham Paine/Metroland

Halton police at a crime scene in Oakville.

the Macleans' violent crime list, and Hamilton ranked 75th.

Thames Centre, Ont.,

was listed as the safest community in Canada, with a violent crime severity index of 10.



WALK-IN & FAMILY CLINIC

FLU VACCINE NOW AVAILABLE!

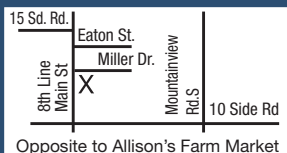
Walk-ins welcome ~ Open 7 days a week



Walk In Clinic

FULL SERVICE MEDICAL CLINIC

- Male & Female Physicians
- Family and Walk-in
- Women's Health & Pregnancy Care
- Sports Medicine
- Extended Hours
- Senior's Health
- Lab On-Site
- Pharmacy On-Site



221 Miller Dr., Georgetown
 905-873-6776

GenesisHealthTeam.com

Where good health begins



An Exclusive Christmas Experience!

You Will Find An Extensive Selection of Ornaments Featuring **The Sisters** 'One-of-a-Kind' Hand-Painted Ornaments

- Festive Accessories • Homemade Holiday Bakery • Illuminated Decor • Christmas Linens & much more!

Open November thru
Tuesday, December 24th!

Store Hours:

Thursdays and Fridays: 10 a.m. – 7 p.m.
 Saturdays: 10 a.m. – 6 p.m. • Sundays: 11 a.m. – 4 p.m.
Monday, December 23rd: 10 a.m. – 7 p.m.
Tuesday, December 24th: 10 a.m. – 3 p.m.

14155 Caledon King Townline S. • Bolton, ON

For more information CALL: 905-859-8077 • www.thesisterstoc.com