Notice of Public Open House - Intensification Opportunities Study Update



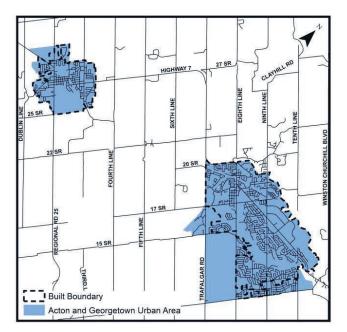
The Town of Halton Hills wants your input on the future of residential development in the urban areas of Acton and Georgetown

November 14, 2019 at Helson Gallery (9 Church St., Georgetown), drop in between 6:30 and 8:30 p.m.

The Town of Halton Hills is completing the final stages of the Intensification Opportunities Study Update; a study that looks at the best ways to accommodate new housing within the existing urban areas of Acton and Georgetown to the year 2041.

Join us to learn about the findings of the Study to date and feedback we've received from the community. Check out our information stations where you can learn more about the work we have been doing including:

- · A new framework for intensification
- Redefining High Density
- Infrastructure and Market Assessments
- The proposed inventory number (number of units that can be accommodated in the urban boundaries of Acton and Georgetown)



For more information, please contact Melissa Ricci, Senior Planner- Policy, at mricci@haltonhills.ca or 905-873-2601, ext. 2302.

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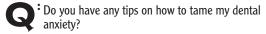
DR. ANOOP SAYAL

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: It's a well-known fact in this country that large

numbers of people are afraid of going to their dentists. Some people are so afraid that they neglect even the routine examinations and professional cleanings. It doesn't have to be that way. Here are some tips to help reduce your anxiety. First, see your dentist before treatment is needed. Get to know your dentist and get comfortable discussing your concerns with the dentist and staff. Set your appointments for a stress-free time of day, not on your lunch hour or immediately after work. Second, have the dentist explain the dental treatment to you. Knowledge of the procedure should let you be more relaxed. Third, let your dentist and hygienist know that you're scared. It's nothing to be ashamed of and you're most certainly not their first patient to feel that way. Fourth, understand that times have changed. There are new methods of controlling and eliminating discomfort that weren't available until recently. Don't let dental fears keep you from having a healthy mouth and teeth.



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Acupuncture & Traditional Chinese Medicine Georgetown





CAROLYN DEW BPHE, RAC, RTCMP

Q: I heard you opened your own clinic. Where are you located? How do I book??

A: I have moved! Dew Wellness is located in Georgetown at Guelph Street and Maple Avenue.

My goal is to continue to offer exceptional Acupuncture and Traditional Chinese Medicine to the Halton Hills community.

If you are struggling with chronic pain, a digestive disorder, circulation issues, an autoimmune disorder, hormonal or gynecological issues, bone and joint problems, stress, or a mental health disorder, consider trying Chinese Medicine. It is one of the oldest medical systems in the world and is effective at treating many health problems.

Acupuncture works through its ability to down-regulate the nervous system, and increasing blood, lymph and nerve circulation, as well as stimulating nerve groups that connect between the sensory organs, the internal organs, and the brain.

For further information regarding Acupuncture and Traditional Chinese Medicine please take a look at www.carolyndew.ca

To book an initial assessment and treatment please call Dew Wellness at 905-873-9118.