

ACTON RUNNERS RAISE AWARENESS OF RARE DISEASE IN RELAY

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A group of local women recently ran the Trail Fix Relay race to shine a light on a disease impacting one of their children.

The four Acton ladies completed the inaugural 110-kilometre relay in Caledon on World Duchenne Day to increase awareness of Duchenne muscular dystrophy and to raise funds for research.

Meg van Asseldonk is mom to six-year-old Isaac, who has Duchenne muscular dystrophy. The family founded the annual kids trail run in Acton, called Isaac's Trek for Treats, which is set to take place on Oct. 26.

The family-friendly cos-



Meg van Asseldonk photo
Acton runners (from left) Meg van Asseldonk, Wendi Araujo, Sarah Hiseman and Amy Grimason finish the Trail Fix Relay in Caledon.

tume run along the path through the Tanners Drive woodlot supports Jesse's Journey, which funds Duchenne research.

Acton, in particular the running community, has rallied around Isaac's family since his diagnosis. Ear-

lier this year, a group of Acton runners covered a collective 200 miles (322 km) in Ragnar Niagara Falls and raised over \$5,000 for Isaac's Trek.

For more information, visit <https://bit.ly/2mc25O2>.

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