

FRIDAY, SEPTEMBER 6

Georgetown Fall Fair

WHEN: 4:00 p.m - 11:00 p.m
WHERE: Georgetown Fairgrounds, 1 Park Avenue, Halton Hills
CONTACT: info@georgetownfallfair.ca
COST: \$8-10 for adults, \$3 for children (7 to 12)
 Three days of fun, featuring thrilling rides, exciting games, talented entertainment, delicious food, demolition derby, homecraft competition, agricultural education tent, petting zoo, beer tent, milking demonstration and much more.

SATURDAY, SEPTEMBER 7

Downtown Georgetown Farmers Market

WHEN: 8:00 a.m - 12:30 p.m
WHERE: Georgetown Farmers' Market, Main St. South, Downtown Georgetown, Halton Hills
CONTACT: Downtown Georgetown Business Improvement Area, (905) 873 4970, https://www.farmersmarketgeorge-



Limehouse Corn Roast & Silent Auction

WHEN: 3:30 p.m - 6:30 p.m
WHERE: Limehouse Memorial Hall, 12389 Fifth Line, Limehouse, ON, Halton Hills
CONTACT: Irene Westerveld, 1 (905) 703 0268, limehou-
 semh@gmail.com, http://www.limehousemh.wixsite.com/hall

town.com
 The market is located along Main Street South, between James Street and Church Street as well as in the municipal parking lot at the corner of Church and Main. Saturday mornings June 1 to October 19th 2019

Enjoy a delicious BBQ along with locally grown corn. Find some great buys at the silent auction while supporting our local historic community hall. Bidding will close at 6:00 pm and the corn roast BBQ will continue after.

MONDAY, SEPTEMBER 9

Adult Learning Centre Programs Information Session

WHEN: 1:30 p.m - 2:30 p.m
WHERE: Adult Learning Centre, 72 Mill Street, Suite 206, Halton Hills
CONTACT: 905-873-2200, http://www.lnhadultlearning.ca
 Contact the Adult Learning Centre for more information on upgrading your skills in reading, writing, or math from the basics to the grade 9 level; computer/digital skills for



WEDNESDAY, SEPTEMBER 11

Knit Night - Georgetown

WHEN: 6:30 p.m - 8:30 p.m
WHERE: Halton Hills Public Library - Georgetown, 9 Church Street, Halton Hills
CONTACT: 905-873-2681, https://calendar.hhpl.on.ca/georgetown/Detail/2019-01-02-1830-Knit-Night
 This relaxed, casual environment

work; upgrading for college (Sheridan ACE) and GED test preparation.

Tennis Adult Mixed Round Robin League

WHEN: 7:00 p.m
WHERE: Halton Hills Tennis Club at the Gellert Community Park, 10241 Eighth Line, Halton Hills
CONTACT: haltonhillstennisinfo@gmail.com, https://www.haltonhillstennis.com//haltonhills/home
 Memberships can be obtained online at https://www.haltonhillstennis.com
 HHTC is pleased to offer a variety of programs for its members. This League offers a great way to meet and play doubles tennis with other players at your level.

is the perfect place to meet fellow knitters and work on your latest project. Knitters of all skill levels are welcome. FREE. Drop-in.

Free Acoustic Jam

WHEN: 8:00 p.m
WHERE: The Shepherd's Crook, 86 Main St. S., Halton Hills
CONTACT: Frank Logue, 416-356-8847
 Bring your instrument, voice or just listen and tap your toes.

THURSDAY, SEPTEMBER 12

Free LinkedIn Workshop

WHEN: 2:00 p.m - 4:00 p.m
WHERE: VPI Georgetown, 235 Guelph Street, Unit 4, Halton Hills
CONTACT: Brianna Rideout, 9058739816, BriannaRideout@vpi-inc.com
 LinkedIn.com is the world's largest social media site geared towards professional networking, but it can be intimidating to know where to begin. In this course, you will learn advanced tips and tricks for getting the most out of the platform!

Acton Farmers Market

WHEN: 4:00 p.m - 7:00 p.m
WHERE: Acton Town Hall, 19 Willow St N, Halton Hills
CON-

TACT: Michael Braithwaite, 519-853-9555, events@downtow-nacton.ca
 A fun and fresh market for the whole family!



FRIDAY, SEPTEMBER 13

Mid-Autumn Festival at Halton Hills

WHEN: 7:30 p.m
WHERE: John Elliott Theatre, 9 Church St, Halton Hills
CONTACT: Isabella Garlock

A celebration of East Asian culture during the Mid-Autumn festival. Traditional music, dancing, moon-cake and a poem reading by Wellington-Halton Hills MP, Michael Chong.

SATURDAY, SEPTEMBER 14

Writers Circle

WHEN: 10:00 a.m - 12:00 p.m
WHERE: Halton Hills Public Library - Georgetown, 9 Church Street, Halton Hills
CONTACT: 905-873-2681, https://calendar.hhpl.on.ca/default/Detail/2019-09-14-1000-Writers-Circle
 A FREE monthly meet-up for local writers to share their work in progress and get feedback. No registration required; just drop-in.

CBRI HEALTH CENTRE

Q: Can I trust the internet for health information?

A: Our clinic's website www.rossphysio.com has a clinical library with hundreds of great articles written by registered physiotherapists (including yours truly) often with the scientific references noted for the article. There is a body map and a folder system so you can find what you are interested in quickly. You can also choose areas that you are interested in and be notified when a new article is added to that section of the site. A word of caution though – partner with a Physiotherapist during your rehab to avoid disappointing results or injury. Please take advantage of this information and stay well.

Gerry Ross
 H.B.Sc., PT, MCPA, FCAMT

318 GUELPH ST., GEORGETOWN • T: 905.873.7677
 cbi.ca/web/physiotherapy-georgetown

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How healthy is your shoulder?
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While there are many causes of shoulder pain, be it a sports injury, trauma or joint weakness, it is important to have an accurate diagnosis so that the appropriate treatment is implemented.

Common medical diagnoses for shoulder pain include: rotator cuff tendonitis, rotator cuff tear, impingement syndrome, frozen shoulder, shoulder dislocations and shoulder separations.

Did you know?
 Shoulder pain is one of the most common complaints treated at Eramosa Physiotherapy Associates through our Path to Improved Health.

372 Queen Street, Acton • 519-853-9292 • 333 Mountainview Road South, Georgetown • 905-873-3103
 www.erasomaphysio.com