

WHAT'S ON

CHOCOLATE YOGA IN THE PARK BACK IN ACTON

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Sweets and self-care - what more could a person ask for?

That's just what local residents will find at Chocolate Yoga in the Park, which returns for its 11th season this month in Acton's Prospect Park.

Hosted by Staying Alive Fitness every Thursday in July, the evening starts with

registration at 6:30 p.m. and organic super-food treats from Bridgitte's Giddey Yo Chocolate, followed by an hour of yoga from 7 to 8 p.m. with Fairy Lake as the backdrop.

The sessions are open to all fitness levels and will be headed up this year by Jennifer Seeler from Staying Alive Fitness.

The cost for the evening is a minimum \$5 donation. Proceeds will benefit the Acton Foodshare and Links 2 Care backpack program. Participants are encouraged to bring their own yoga mats, as a limited number will be available.

For more information visit stayingalivefitness.com.

MAN SOUGHT AFTER \$1,100 WALLET STOLEN FROM BUSINESS

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Halton police are looking for one man after the theft of more than \$1,000 worth of merchandise from a Halton Hills business. On May 5 at 3:53 p.m., the suspect entered the Saint Laurent store at the Toronto Outlet Mall at 13850 Steeles Ave., and se-

lected a Moletom Rouge VIP hoodie valued at \$409.

Police allege the individual went into a change room, concealed the hoodie and then left the store without paying. On May 25 at 6:18 p.m., police said, the same individual returned to the Saint Laurent store and selected a MFO wallet valued at \$1,165.

The man is described as Asian, in his 30s, approximately five-foot-six and 160 pounds. He wore grey jeans, a brown, waist-length winter jacket, a white T-shirt, a white peak cap and dark shoes.

Anyone with information about this incident is asked to contact Halton police at 905-825-4747, ext. 2351, or Crime Stoppers at 1-800-222-TIPS (8477).



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