A Final Gift to Your Family

Prearranging your burial or cremation is the last gift you can give your family. It releases them from having to quickly make decisions in their time of grief. It also frees them from the need to pay costs associated with your cemetery arrangements. Contact one of our family counsellors to discuss your wishes and options.

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LITIGATION

Why is that?

ASK THE PROFESSIONAL

I am separated with children. I have to pay child support. I have my own business. My former spouse is

asking for a valuation of my income.

Generally speaking, child support is based on "line 150" income for the payor's income tax return. That is relatively easy to determine when someone is an employee and receives a T4. However, when someone is "self-employed", whether as a sole proprietor or through a company, even

if he or she receives a T4, it is thought that he or she may

get financial benefits through the business he or she does

not declare as income. If true, then that financial benefit

may need to be added to the business owner's income

and "grossed up". The gross up is to reflect the taxes not

otherwise paid on the financial benefit, as child support

is based on gross income. The sorts of personal financial

benefits a business owner may receive include payment by

the business of his or her vehicle expenses, cell phone, home

office expenses, and meals and entertainment. If you are a

business owner going through a separation, or your former

partner has a business and has to pay you support, contact







Todd C. Hein Litigation Lawver

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905 452 7400

CALEDON EAST

15955 Airport Road, Suite 201

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us for assistance. Lockyer + Hein LLP is a full service law firm that does a lot of family law. We are happy to meet you for a free consultation at one of our three offices, including 8 Guelph Street, Georgetown, in the Lounsbury Life & Group Insurance Benefits building. Have a great weekend.

Empowering Clients. Enriching the Community.

The advice offered in this column is intended for informational purposes only. Use of this column is not intended to replace or substitute any professional, financial, medical, legal, or other professional advice.

HIGHHEELS FUNDRAISER



Allison Clark photo

A team of about 25 men walked the Georgetown Farmers Market in pink high heels in support of ending violence against women. Halton Women's place received \$5,000 after donations were collected from the weekend event.

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- It is well known that almost half of all pregnant women and 25% of postpartum women suffer from pelvic and/or low back pain
- I in 2 childbearing women will suffer with some form of pelvic dysfunction, including pelvic pain, incontinence and prolapse.
- · Over 40% of women experience Urinary Incontinence during their first pregnancy and up to 25% of women after their first pregnancy will
- Like incontinence, prolapse is common, with 1 in 2 women experiencing some degree of prolapse. Common symptoms that occur with prolapse are sensation of heaviness, irritation, pressure or pain.
- In a large study of women after their first pregnancy; 62% had pain with intimacy at 3 months post partum



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