

**ARE YOUR EARS 60 YEARS?
It's TIME to get them TESTED!**

**NORTH HALTON
BETTER HEARING
CENTRE**



Hearing Testing, Hearing Aids Accessories

Ph: 289-891-8833 120 Mill Street, Georgetown

**Stop living in the statistics.
Physiotherapy can help**

- It is well known that almost half of all pregnant women and 25% of postpartum women suffer from pelvic and/or low back pain
- 1 in 2 childbearing women will suffer with some form of pelvic dysfunction, including pelvic pain, incontinence and prolapse.
- Over 40% of women experience Urinary Incontinence during their first pregnancy and up to 25% of women after their first pregnancy will experience altered fecal continence.
- Like incontinence, prolapse is common, with 1 in 2 women experiencing some degree of prolapse. Common symptoms that occur with prolapse are sensation of heaviness, irritation, pressure or pain.
- In a large study of women after their first pregnancy; 62% had pain with intimacy at 3 months post partum

**ERAMOSAPHYSIO
EPA
PHYSIOTHERAPY**

Did you know that after pregnancy it is COMMON, but not NORMAL to suffer from:

1. Low Back Pain
2. Incontinence
3. Pelvic Organ Prolapse
4. Sexual Dysfunction
5. Pelvic Pain
6. Block Ducts and Mastitis



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JOIN US FOR A BEER TASTING

You're invited to a special beer tasting event with Georgetown's newest craft brewery, **Furnace Room Brewery**. Learn about the types of beer, the brewing process and the story behind the names for their specialty beers. Light snacks will be served with the samples.

Thursday, February 28

3:00-4:30pm

Presentation Centre, 280 Guelph St

**RSVP to Alison or Cari-Lee
at 905-702-1555 by February 25**

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