#### THURSDAY **NOVEMBER 29, 2018**

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### WHO SHOULD **GET THE FLU** SHOT THIS YEAR? JUST ABOUT **EVERYONE:** OMA PRESIDENT

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There are many unpleasant, typical symptoms that people associate with the flu: aches and pains, nausea, vomiting, diarrhea, fever, runny nose, coughing - the works.For the average young and healthy person who gets the flu, the worst consequences are usually feeling awful for a week or two and missing work or social obligations.

But for more vulnerable citizens, this is not the case, Ontario Medical Association (OMA)

905.873.0236

See 'PEOPLE, page 34



Almost halfway through flu season and concerns for influenza B have drawn crowds to special flu clinics hosted by Wellington-Dufferin-Guelph Public Health.



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