



# WINTER FUN!

Town of Halton Hills  
Winter programs  
begin the week of  
January 7<sup>th</sup>

Register online today!  
[haltonhills.ca/register](http://haltonhills.ca/register)

## EARLY YEARS

- Parent & Tot Swimming Lessons (from 4 months)
- Baby & Me Aqua Fit (6 months to 2 years)
- Jumpin' & Jammin' Dance Program (2-3 years)
- Kinderdance and Twinkle Toes Ballet (ages 3-5)

## SCHOOL AGE

- Preschool Swimming Lessons (ages 3-5)
- Hip Hop Dance (ages 5-7)
- Ballet Dance (ages 5-7)
- Power Squad Dance (ages 5-10)
- ZUMBA® Kids (ages 7-11)
- Yoga for Kids (ages 7-11)
- Swimming Lessons (level 1-9)

## YOUTH

- First Aid & CPR Training – 13+ years
- Teen Swimming Lessons
- Springboard Diving
- Snorkelling 101
- Halton Hills Lifeguard Club
- Advanced Lifesaving

\*Visit [haltonhills.ca/youth](http://haltonhills.ca/youth) for more youth programming

## ADULT

- First Aid & CPR
- Adult Swimming Lessons, Advanced Lifesaving
- Aqua Fit (Shallow/Deep Water, Running H<sub>2</sub>O, etc.)
- Fitness Programs – Cardio, Muscle Strengthening, Dance Fitness, Yoga, Qi Gong, T'ai Chi & more
- Masters Training Swim Program

## SWIMMING & SKATING

For daily recreational swimming and skating times, visit [haltonhills.ca/swimming](http://haltonhills.ca/swimming) or [/skating](http://haltonhills.ca/skating).

## MARCH BREAK CAMP

A full week of fun for kids 7-12 years old! Camp runs from March 11-15, 2019 at the Gellert Community Centre from 8:30 a.m. to 4:30 p.m. (extended hours available).

## PASSES

Swimming, Skating, Aqua Fitness and Indoor Walking. Visit [www.haltonhills.ca/passes](http://www.haltonhills.ca/passes).



NEW

## RECREATION GIFT CARDS

Available starting November 26<sup>th</sup> at recreation facilities in Halton Hills.