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November is domestic violence awareness month and Halton's Women Place is raising awareness about an issue that affects one in four women in Canada.

'I WAS THE WALKING DEAD': SAYS ABUSED WOMAN

NOVEMBER IS WOMAN ABUSE PREVENTION MONTH ACROSS THE **COUNTRY**

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It took a long time for Lorraine Rollo to realize that she was in an

abusive marriage.

"By the end of the marriage I was the walking dead," she said, recalling the months of therapy she sat through before finally identifying the emotional abuse she faced.

Now, she's an advocate for oth-

In Canada, one in four women with face abuse at some point in their lives.

In Halton Hills, that's approxi-

mately 3,500 women.

November is Woman Abuse Prevention Month and Halton Women's Place was in Halton Hills to raise the purple flag at town hall in order to raise awareness.

"It's beyond race, class, sexual orientation," said Diane Beaulieu, executive director of Halton Women's Place.

She says that domestic abuse is not just physical or sexual, it can be

emotional, spiritual and financial as well.

"You will see the signs of physical abuse," said Beaulieu, noting that with spiritual and emotional abuse, "the impact is just as hard, if not harder on the woman."

Spiritual abuse can take the form of a partner forbidding someone from practicing their own reli-

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