

LACE UP FOR THE UPCOMING TERRY FOX RUN

GEORGETOWN AND ACTON EVENTS HELP KEEP TERRY'S LEGACY ALIVE, WRITES HURST

JON HURST

On Sunday, Sept. 16, the 38th annual Terry Fox Run takes place in Georgetown at the Gellert Centre in Georgetown South, and in Acton at the Acton High School track.

In Georgetown, the run takes place from 10 a.m. to 1 p.m., when joggers, walkers, rollers, kids and families can participate in a 750-metre fun loop, while the more serious runners can take advantage of a five-kilometre loop.

There will be free Domino's pizza and Terra Cotta cookies, a raffle, and a silent auction featuring products and services from local businesses. Since 1981, the Georgetown run has raised \$393,000 and has the opportunity to push past the \$400,000 mark this year.

In July, run organizer Stephen Dame and his son Conrad followed Terry's route from Georgetown to Thunder Bay. Conrad took some dirt from the spot where Terry took his final step on the Marathon of Hope. That dirt will be placed across the start/finish line at the Gellert Centre.

In Acton, participants can arrive any time between 8 a.m. and 3 p.m., to walk, run or cycle some or all of the 25 laps around the high school rubberized track. The official opening ceremonies will take place at 8 a.m., with Mayor Rick Bonnette on hand to cut the ceremonial ribbon alongside Miss Acton Fall Fair and other dignitaries.

A food booth will again be on site, with all food donated by local businesses, and all funds raised going directly to the cause.

Terry Fox memorabilia



Jon Hurst photo
The Terry Fox monument is located on the southern outskirts of Thunder Bay.

will be on display, and Terry Fox T-shirts will also be available for purchase.

Interestingly, I also travelled to Thunder Bay last winter, where I met with my son and two grandchildren from Manitoba. Our goal was to visit the Terry Fox monument that is located on the southern outskirts of Thunder Bay, high on a rock-faced cliff overlooking the Trans-Canada Highway and Lake Superior. It is a breathtakingly beautiful location, and a heartwarming recognition and commemoration of Terry and his legacy.

We also travelled on the highway to the location, a short distance to the south, where Terry's final step on his Marathon of Hope is marked by a sign located on both sides of the highway.

As run organizers, both Stephen and I understand the obligation we have to

share Terry's story - one of courage and determination - with our children and grandchildren, to ensure that Terry's sacrifice and accomplishments will never be forgotten.

Please join us to help keep Terry's dream alive.

For more information or to register, visit www.terryfox.org. Participants can also register at the Acton and Georgetown run sites, where supporters can also pledge local participants. Pledges can be collected online. Pledge forms are available at a variety of retail locations in town.

For more information, contact Stephen Dame at stephendame@gmail.com or myself at jon.hurst@sympatico.ca.

- Jon Hurst is a member of the Georgetown and Acton Terry Fox Run organizing committee.

Halton Hawks Girls Fastpitch Association



2018/19 Rep Tryout Schedule

All Players Welcome!

The Halton Hawks Girls Fastpitch Association is dedicated to providing girls aged 9 to 19 an opportunity to play fastpitch softball. Our Rep tryouts schedule is;

Halton Hawks Rep Mite tryout; (U10; Born 2009 or 2010)

- Mon Sept 3 2pm-4pm Glen Williams #2
- Tues Sept 4 5:30pm-7pm Glen Williams #1

Halton Hawks Rep Squirt tryouts; (U12; Born 2007 or 2008)

- Mon Sept 3 4pm-6pm Glen Williams #2
- Tues Sept 4 7pm-8:30pm Glen Williams #1
- Thurs Sept 6 5:30pm-7pm Glen Williams #1

Halton Hawks Rep Novice tryouts; (U14; Born 2005 or 2006)

- Mon Sept 3 4pm-6pm Glen Williams #1
- Tues Sept 4 7pm-8:30pm Gellert #2
- Thurs Sept 6 5:30pm-7pm Glen Williams #2

Halton Hawks Rep Bantam Jr tryouts; (Born 2004 or younger)

- Mon Sept 3 2pm-4pm Glen Williams #1
- Tues Sept 4 5:30pm-7pm Gellert #2
- Thurs Sept 6 7pm-9pm Glen Williams #2

Halton Hawks Rep Bantam Sr tryouts; (Born 2003 or younger)

- Mon Sept 3 6pm-8pm Glen Williams #1
- Thurs Sept 6 7pm-8:30pm Glen Williams #1

Please visit our website or follow us on Facebook and Twitter to stay up to date on information or send any questions you may have.



Benefits to becoming a Halton Employer of Choice Award winner:

- Reduced turnover
- Lower operating costs
- Increased productivity
- Positive employer branding and PR
- More engaged and committed workforce
- Higher customer satisfaction and loyalty

Winners will receive:

- Glass Trophy presented at special event
- Special presentation
- Unlimited use of the HEOC logo
- Winners listings in the Burlington Post and www.insidehalton.com
- Press release for use in marketing and promotional campaigns

Businesses eligible to take part must meet the following criteria:

- A private or public company/organization
- Government/municipality or nonprofit organization
- Have a physical presence in the Halton region
- Have 20 or more full time employees
- Have been in business for 1 year or more

Deadline for submissions is September 21st, 2018

All interested organizations can contact CCEOC at ccemployerofchoice.com or call: 416-886-7007