BITING TRUTH: FOURTH BATCH OF MOSQUITOES TEST POSITIVE FOR WEST NILE

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A fourth batch of mosquitoes have tested positive for West Nile virus in Halton Region.

Halton Region Public Health are warning residents about protecting themselves about mosquito bites after testing mosquitoes in Milton, which have come back positive for the virus.

This comes after tests of mosquitoes in Burlington and Oakville have come back positive this year.

"Halton is committed to being safe and healthy and reducing West Nile virus in our communities through both education and preventive programs like larviciding," said Dr. Daniela Kempkens, the region's associate medical officer of health.

Public Health Ontario reports that only 20



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The tiny mosquito can be a big summer nuisance.

per cent of people infected with West Nile virus show symptoms, which can range from mild to severe.

Mild symptoms include fever, headache and fatigue, while more severe symptoms can lead to vomiting and nausea.

One per cent of those infected exhibit severe symptoms that impair the central nervous system, which can lead to paralysis and comas.

Kempkens urges residents to cover up, protect themselves against bites and remove standing water that mosquitoes breed in.

Here are some tips to keep you and your family safe:

Cover up by wearing long sleeves and pants with light coloured fabric.

Avoid exposing yourself in the early morning, when mosquitoes are most likely to be out and biting.

Use insect repellents containing DEET or learidin.

The region is currently spreading larvicide on standing water around the region, for a full map of locations visit halton.ca.





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