

Factoids

# Canadian FOOD Inventions

## Poutine



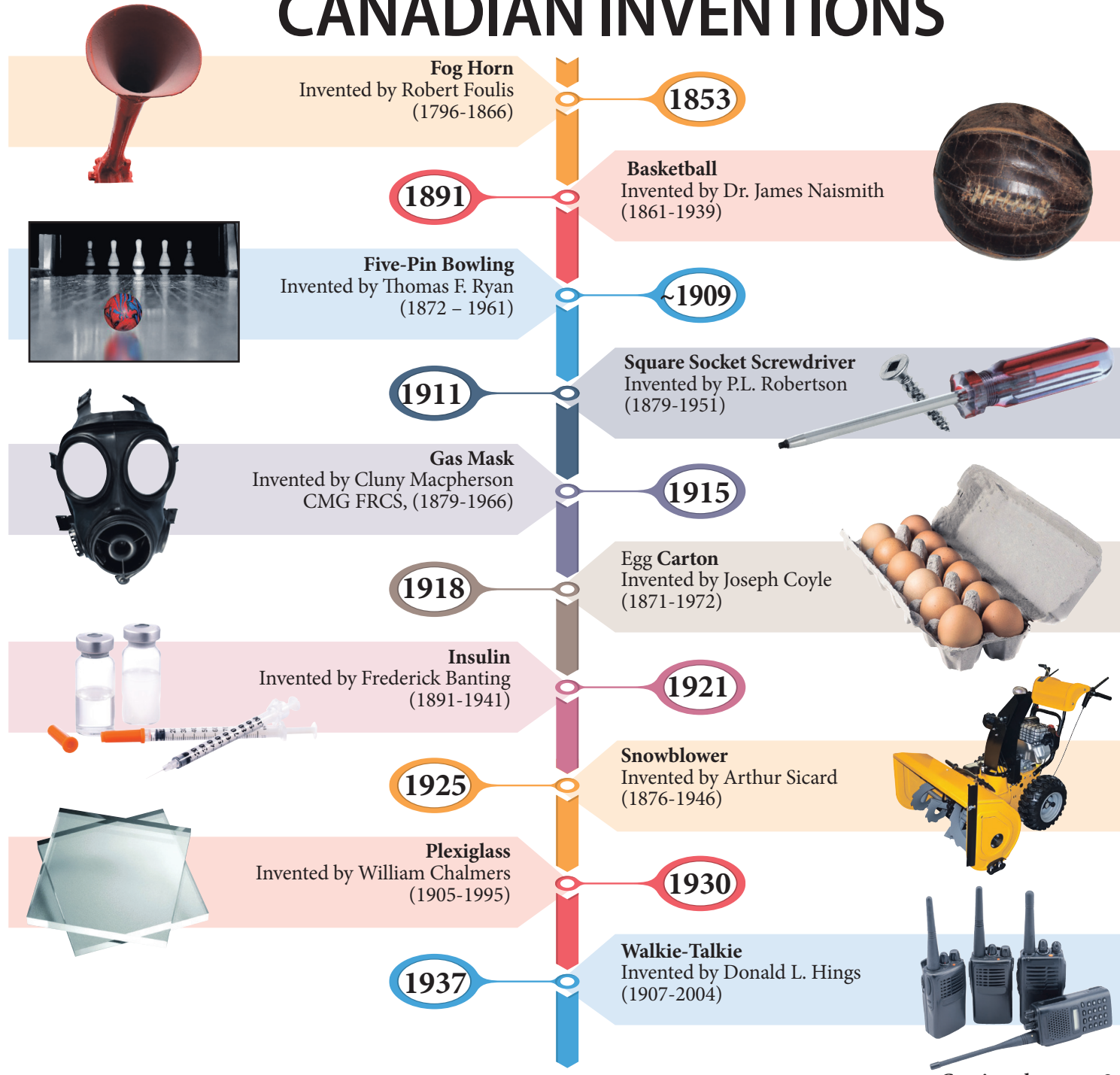
Poutine is a dish originating from Quebec consisting of French fries and cheese curds topped with a brown gravy. The dish emerged in the late 1950s in the Centre-du-Québec area and has long been associated with the cuisine of Quebec.

## Butter Tart



Butter tarts were common in pioneer Canadian cooking, and they remain a characteristic pastry of Canada, considered a recipe of genuinely Canadian origin. The earliest published Canadian recipe is from Barrie, Ontario, dating back to 1900. There are butter tart festivals in communities including Midland, Bowmanville, Fergus and Paris Ontario.

# CANADIAN INVENTIONS



- 1853** **Fog Horn**  
Invented by Robert Foulis (1796-1866)
- 1861-1939** **Basketball**  
Invented by Dr. James Naismith (1861-1939)
- ~1909** **Five-Pin Bowling**  
Invented by Thomas F. Ryan (1872 - 1961)
- 1911** **Square Socket Screwdriver**  
Invented by P.L. Robertson (1879-1951)
- 1915** **Gas Mask**  
Invented by Cluny Macpherson CMG FRCS, (1879-1966)
- 1918** **Egg Carton**  
Invented by Joseph Coyle (1871-1972)
- 1921** **Insulin**  
Invented by Frederick Banting (1891-1941)
- 1925** **Snowblower**  
Invented by Arthur Sicard (1876-1946)
- 1930** **Plexiglass**  
Invented by William Chalmers (1905-1995)
- 1937** **Walkie-Talkie**  
Invented by Donald L. Hings (1907-2004)

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