



**DR. ELAYNE TANNER**  
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Counselling & Psychotherapy

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**Q:** Your work must be emotionally draining. How do you "recharge".

**A:** You are right. Sometimes, holding everyone's grief, shame, and sadness is very emotionally "heavy". We talk of self-care and this is a profession in which it is of utmost importance. There are a number of relaxation activities that are helpful, but the words of my clients are very up-lifting. I don't always get the accolades in written format, but here, with names changed of course, are some that I have received.

Hi Elayne,  
Just wanted to send a note to say thank you. You have helped me to put so many things in perspective. Your guidance has helped me to find a better way to communicate with the difficult personalities in my life. I have learned not to take every criticism personally and consider the source of the criticism. I have learned to be mindful of my reactions when faced with a stressful confrontation. Again, thank you for everything and I will be in touch if I need your council again. I choose to live my life happy, healthy and confidently.

Peggy Sue X  
I wanted to take a moment to express my gratitude for how you have assisted me over the last two years, working through the many challenges and life changes that I have experienced.

When I walked into your office two years ago, I was desperate, afraid, insecure and unsure of the how, what and when to do the things I needed to do in order to become whole and happy. I didn't know how to move forward. I felt paralyzed. Through your infinite wisdom and ability to guide me to explore my feelings and needs has changed my life for the better. I now have the tools and behaviour strategies to be a happy, productive, whole person. I now feel confident and at peace with myself.

Thank you Elayne, I am forever grateful and will refer you to anyone I know who can benefit from your guidance.

Mary Ellen W  
Hello Elayne, I owe you a ton of thanks for the tools and guidance you provided me when I needed it most. When I came to see you, I was a young boy. I am now a successful adult with a good job and family of my own.

Wally S  
There are a number of relaxation techniques... that are, of course, very helpful, but accolades from clients, letting me know that I have helped improve their lives, also recharge me.

"HELPING YOU HELP YOURSELF"

Elayne Tanner Social Work Professional Corporation

# Ask the Professionals



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**Zachary Fiddes**  
B.ENG., O.L.S. President

**Q:** What is the process involved when my property is surveyed?

**A:** A survey is a specialized map of a limit or a parcel of land that provides details determined after thorough research and field measurements. In Ontario, only a licensed Ontario Land Surveyor (OLS) has the authority to prepare a document that shows the boundary of your property.

The process to prepare a survey is governed by statutes and generally accepted surveying principles which includes research of prior surveys, existing and past legal descriptions, and evidence found onsite to determine an opinion of the location of your current boundary. Once the boundary is determined, the surveyor will mark the corners with new monuments and/or flag any existing monuments set during previous surveys.

The OLS can then prepare a final plan of your property on paper, pdf, or CAD. This plan will show your property size and shape, the underlying legal lot pattern (i.e. registered plan or concession, etc.), the location of any right of ways or easements, and/or the location of any permanent structures on your property. The survey is then ready to be used by anyone looking for the information, like a real estate agent confirming the lot to be purchased or an architect preparing a site plan for new construction.

# Downtown Georgetown Planning Study



*Destination* DOWNTOWN

INVITATION TO PARTICIPATE IN A PUBLIC WORKSHOP

The Town of Halton Hills has launched **Destination Downtown**, a study to develop a vision and new planning framework for Downtown Georgetown. The Study will result in a Secondary Plan for the area, which will guide development including land use, building height, density, and urban design for the next 20 years.

Destination Downtown is being completed in six phases, with each phase including opportunities for you to participate.

At the last public workshop held on April 4, 2018, the community participated in developing a number of alternatives for Downtown Georgetown. Using those alternatives as the basis, combined with public input, technical input and consideration of the vision and guiding principles established for the study, the project team is preparing one draft preferred alternative.

Please join us for the third public event - a workshop to review and discuss the emerging draft preferred alternative. Following a presentation on the development of the draft preferred alternative, you are invited to join a table group to share your thoughts on the proposed directions for new buildings, new public space, enhanced streetscape and mobility in Downtown Georgetown.

**Please join us:**

**Date:** May 24, 2018

**Time:** 6:30 – 8:30 p.m.

**Location:** Georgetown District High School  
(Cafeteria) 70 Guelph St, Georgetown

For more information or for other ways to get involved visit the project webpage: [www.destinationdowntown.ca](http://www.destinationdowntown.ca), visit the Planning and Sustainability Department, Town of Halton Hills, 1 Halton Hills Drive, Halton Hills, Ontario L7G 5G2 or contact:

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