

Five mouth-watering maple syrup recipes

Maple syrup season is in full swing, and if you're looking for some creative ways to use this delicious Canadian staple (i.e. not on pancakes), we've got you covered.

Here are five sweet or savoury maple syrup recipes:

Pork Chops with Maple Ginger Pan Sauce

Give your dinner a sweet, Canadian spin, by adding this maple syrup-rum sauce to your pork chops.

Visit www.theifp.ca for recipe.

Maple Syrup Bars

This dessert recipe calls for one cup of real maple syrup, and makes a sticky and scrumptious treat.

Visit www.theifp.ca for recipe.

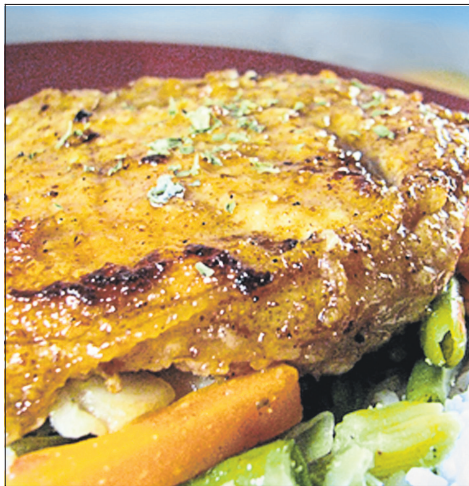
Roasted Sweet Potatoes

This sweet potato recipe mixes maple syrup with a mélange of spices, including chili powder and cayenne pepper, for the perfect sweet and spicy combination.

Visit www.theifp.ca for recipe.

Butternut Squash and Bacon Salad with Maple-Rosemary Vinaigrette

If you are all about drizzling some sweetness on your salads, this dressing recipe combines maple syrup, Dijon mustard, olive oil and apple cider vinegar.



Big Bear's Wife/Photo

Pork chops with maple ginger pan sauce.

Visit www.theifp.ca for recipe.

Maple Walnut Ice Cream

There's something about homemade ice cream that makes it that much more delicious - especially when it's given a maple twist.

Visit www.theifp.ca for recipe.

Road Closure

Alton Village Queen Street East and Bridge

March 26–December 21

All Businesses Open

Queen Street East—east of Main Street to Catherine Street—closed for road reconstruction and bridge and culvert replacement.

Detour route:

- Watch for Alton Village detour signs
- Check more detailed detour map at peelregion.ca/pw/construction/cal Queen Street East (Alton Village)



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Provide input on 2018-2019 budget priorities

The Halton District School Board values input from parents/guardians, staff and community members concerning the development of the 2018-2019 budget.

Until **Monday, April 16, 2018** stakeholders may provide input online at www.hdsb.ca. Parents/guardians, staff and community members may also make presentations to Trustees by following the Delegation By-law posted on the website under "Our Board". Information and updates regarding budget development are presented to Trustees at

Committee of the Whole meetings. Refer to the agenda (www.hdsb.ca) for more information.

For more information contact
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ASK THE PROFESSIONAL

Q

I am in a contentious custody and access battle with my spouse concerning our two children, ages 6 and 9. How should I handle it?

A

Recently, one of the world's great intellectual minds died. Stephen Hawking is famous for his contribution to cosmology and theoretical physics. He is also quoted for his many insights, including "Intelligence is the ability to adapt to change." A separation is one of the most profound sources of change one can face in life. It is how you handle that change that will define you, and, more importantly, affect your children. Children from separated families can be more likely to experience more challenges in life, including depression, isolation, regression, and reduced academic achievement. It is in fact not necessarily the separation alone that adversely affects children; it is more the ongoing parental conflict that can have a significant and long-lasting impact on children of separated parents. The emotional storm that befalls a family can be complex and overwhelming. There can be sadness, depression, anger, jealousy, spite and general stress and anxiety plaguing a separated spouse as the future stands uncertain. However, there does stand one certainty; the love each parent has for their children. You want to ensure that your children not only survive but thrive. Be strong, put your differences aside, and insulate the children from the conflict. Be supportive of the other parent and his or her relationship with the children. Do not let your upset toward your former spouse cloud your judgment and spill over to the children. Be smart; be an adult; be a parent. Use your intelligence, and adapt to the new situation in a way that is positive for your children, and your strength will be their salvation and your legacy. We are a full service firm that does a lot of family law. We are happy to meet you for a free consultation about your matter at one of our three offices, including 8 Guelph Street, Georgetown, in the Lounsbury Life & Group Insurance Benefits building. Have a great weekend.



Todd C. Hein
Litigation Lawyer

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