

40 EVENTS

The IFP - Halton Hills | Thursday, March 1, 2018

● **Friday, March 2**

Nordic pole walking group
WHEN: 10:00 a.m - 11:00 a.m
WHERE: Dufferin Centre, 30 Park Ave., Halton Hills **CONTACT:** Ginger Quinn, 905-691-9122, ginger.quinn@sympatico.ca, http://nordicpolewalkingontario.com **COST:** \$2 to get in. Poles available to try.
 More effective than regular walking, Nordic Walking provides cardiovascular and full body muscle training in one physical activity. Nordic Walking is weight bearing, improves core strength, lightens the load on hips and knees up to 30% and helps improve balance and stability. Nordic Walking is the smarter way to walk!

● **Saturday, March 3**

Georgetown Youth Darts
WHEN: 9:00 a.m - 11:30 a.m
WHERE: The Royal Canadian Legion Branch 120, 127 Mill Street, Halton Hills **CONTACT:** Sharon Mayberry, Georgetown_Youth_Darts@outlook.com **COST:** \$40 for the year
 A place for kids aged 13-18 to learn the game of darts.

Family Storytime

WHEN: 11:00 a.m - 11:30 a.m
WHERE: Halton Hills Public Library - Georgetown, 9 Church

● **GET CONNECTED**

Visit theifp.ca/events to submit your own community events for online publishing.

Street, Halton Hills **CONTACT:** lisa.hunziger@haltonhills.ca, http://www.hhpl.on.ca **COST:** free
 Stories, music and fun for families with young children.

● **Tuesday, March 6**

Midweek Worship Service
WHEN: 12:10 p.m - 12:30 p.m
WHERE: St. John's United Church - Georgetown, 11 Guelph Street, Halton Hills **CONTACT:** Katharine Krul, 905-877-2531, office@stjohnsuc.ca, http://www.stjohnsuc.ca/ **COST:** Come for candle, scripture, prayer and song. A quiet moment to pause in your busy week and connect with the Stillpoint within you. See you Tuesdays at St. John's United Church, 11 Guelph Street.

Kelsey's Georgetown Painting Night "Small Steps for Cats"

WHEN: 7:00 p.m - 9:00 p.m
WHERE: Kelseys Original Roadhouse, 256 Guelph St, Halton Hills **CONTACT:** Gary, info@paintandcocktails.com, https://www.paintandcocktails.com **COST:** 45.00

Join Paint & Cocktails at Kelsey's in Georgetown for Painting Night - where you and your friends get to enjoy sipping some wine, or downing a pint while picking up a brush! A 2-hour fun paint night with our artist who will guide you through step by step, from start to finished painting that you get to take home.

● **Wednesday, March 7**

Nordic pole walking group
WHEN: 6:30 p.m - 7:30 p.m
WHERE: Gellert Community Centre (Parking lot) , 10241 8 Line, Georgetown, Halton Hills **CONTACT:** Ginger Quinn, 905-691-9122, ginger.quinn@sympatico.ca, http://nordicpolewalkingontario.com **COST:** \$2 to get in. Poles available to try.
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Metroland file photo

Try Nordic pole walking March 2 at the Dufferin centre.

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