· EDITORIAL ·

# First, do no harm

There's a cultural deification of cannabis happening

The weed is touted as the cure for just about everything and suggestions there may be downsides to its use are silenced by choruses singing its praises.

A Metroland staffer, already taking prescription medication for anxiety and a sleep disorder, had her curiosity peaked by rampant claims that cannabis is a miraculous panacea for whatever ails you.

She asked her doctor about switching from big pharma to medical marijuana.

But the doctor refused, saying she had taken an oath to "do no harm." While the physician was aware of all the anecdotal evidence that cannabis is the answer to a myriad health problems, she just hadn't seen the scientific proof. And she had concerns about unknown health risks.

Her advice? Wait for the science to come in. Only then would the doctor feel comfortable prescribing cannabis as medicine.

And maybe that's good advice for recreational use as

Because the research hasn't been done since it's too difficult to do quality research on something that is

In Canada, that barrier disappears in July. Now the science can be done and we want to see research funded from the profits our government will make through the

Recently the feds were patting themselves on the back announcing 14 projects will get \$100,000 each in Canadian Institute of Health Research funding to look into how cannabis use will affect different populations and how use changes post-legalization.

Bill Blair, federal point man for cannabis legislation, made the announcement at the Centre for Addiction and Mental health, which is appropriate.

The government admits the research doesn't exist and Blair said they're committed to strengthening the evidence base.

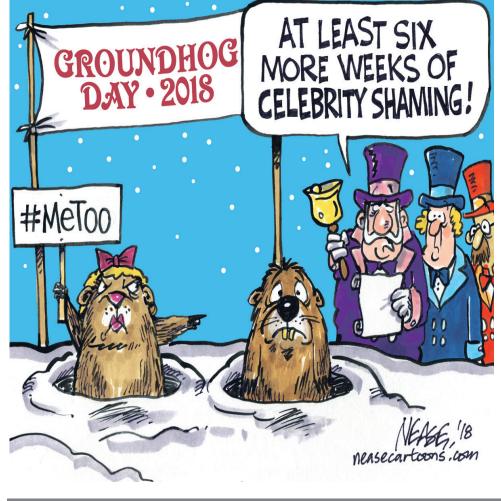
They plan to pony up \$1.4-million, which in the world of research is little more than chump change.

Much more will be needed for the kind of broad studies that will now be possible, into the good, the bad and the potential ugly.

We want to see data. Track cannabis use after legalization: the health ramifications, as well as the social costs and benefits.

Drug use and misuse in all forms, whether it's too many smart cocktails, mind-numbing prescription opiate addiction or cannabis smoking, vaping or snacking, is a health issue. One that needs adequate funding to

So we expect to see CCBO profits put into quality science, research and health care.



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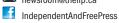
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#### · LETTERS & COMMENTARY ·

## Marijuana education needed

As a grandparent I am deeply concerned by the thought of children accidentally ingesting edible marijuana products.

It is very normal for children to share treats at school from home. But, what if those treats accidentally contain marijuana?

What about the wee little ones who reach up to the counter for marijuana laced candy or baked goods parents/caregivers may have left out.

We need to be very conscious of these potential tragedies before we go ahead with the legalization of mariiuana.

Perhaps we need to put mass public education in place regarding our most vulnerable citizens. I feel we

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need to start a group called GRAM — Grandparents Revolt Against Marijuana.

**Marlane Tibbs** 

## Safety checks too costly

The new onerous safety check laws are hurting lowincome drivers who are being taken advantage of by unscrupulous mechanics, or lack of mechanics to certify perfectly good cars that can still be reused by low-income

My poor elderly father can't find a car for \$500 anymore and has unfairly been ticketed by our "Finest"

Police services are also a big waste of taxpayer money.

Please lighten up safety check laws on used cars.

Prices of safety checks are way too high and hurting low-income drivers.

Joe Demarco

### Pedestrians are also responsible for their lives: reader

I just read your article on saving pedestrians from bad drivers. I agree 100 per cent that there are plenty of bad drivers on our roads. But from my point of view there are just as many people out there who take foolish, dangerous chances when they cross our streets.

I'll share one quick experience with you. I was on Highway 7 recently by the new subway station. I had the green right turn arrow. As I proceeded to make my turn a bunch of people walked out onto the road against the light. When I blew my horn the response I got was the middle finger sa-

Simply put, people need to learn how to cross the street.

Lou Renzo

#### **Letters to the Editor**



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All letters must be fewer than 200 words and include your name and telephone number for verification purposes. We reserve the right to edit, condense or reject letters.

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