

# COMMUNITY CALENDAR

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## SUNDAY, JAN. 17

**PhotoArt 2016 photo submissions:** Drop off your submission at the Georgetown Market Place, noon to 5 p.m. More details at <http://photoart-competition.weebly.com>. There are some great prizes to be won this year. Open to the Halton Hills community of all ages.

**Bruce Trail Halton Hills Chapter Hike:** A brisk, strenuous terrain, car-pool hike – approx. 14 km. Depart at 9 a.m. from the Georgetown Market Place parking lot, south of the medical building, east of Walmart. This is a very hilly hike, bring extra water, snacks/lunch, dress for the weather, proper footwear is required. There are no drop-out areas on this hike. Hike Leader: Pat Ferris, 289-890-0111, [pnferris@gmail.com](mailto:pnferris@gmail.com).

## MONDAY, JAN. 18

**TOPS (Take Off Pounds Sensibly):** 6:15-7:15 p.m. St. Joseph Church, (back entrance), 63 Church St E, Acton. TOPS offers tools and programs for healthy living and weight management, with group fellowship and encouragement at a low cost. You're welcome to attend your first meeting free of charge — bring a friend if you like. There's no

obligation. Info: [www.tops.org](http://www.tops.org), 519-853-1189.

**Halton Hills Toastmasters:** meets every Monday (excluding holidays), 7:30 p.m. at St. Alban's Church in Glen Williams. Info: <http://haltonhillstmn.toastmastersclubs.org> or contact-5260@toastmastersclubs.org.

**Adult Learning Centre:** Adults, do you need to upgrade your skills in reading, writing, math or workplace computers? Need help preparing for high school credit, GED or college entrance? The Adult Learning Centre is holding an information session at 1:30 p.m., at 72 Mill St. in Georgetown, suite 206. Info/to register, call 905-873-2200.

## TUESDAY, JAN. 19

**Family Storytime:** at various venues and time throughout the week until March. Check out the Halton Hills Public Library website, [www.hhpl.on.ca](http://www.hhpl.on.ca) and click on Programs and Events.

**Do you like to garden?:** Paul Knowles will be speaking on Gardeners on the compost heap of Canadian winters at the Acton Horticultural Society meeting at Knox Church, 44 Main St., Acton (back entrance). For more information, call 519-853-9226 or visit [www.gardenontario.org](http://www.gardenontario.org). All are welcome.

**Lego at the Library:** Lego maniacs of all ages can meet weekly at the Library! We'll supply the Lego and you can bring your ideas. No registration required; just drop in! Georgetown Branch: Tuesdays, Jan. 12 to March 1, 3-5 p.m.; Acton Branch: Thursdays, Jan. 14 to March 3, 3-5 p.m. For more information, call 905-873-2681 x2520 or 519-853-0301 or visit [www.hhpl.on.ca](http://www.hhpl.on.ca)

**Adult Learning:** Adults, do you need to upgrade your skills in reading, writing, math or workplace computers? Need help preparing for high school credit, GED or college entrance? The Adult Learning Centre will be holding a drop-in information session, 9:30-11 a.m. at the Halton Hills Public Library, Georgetown Branch in Partners Room #1. Info/to register, call 905-873-2200 or find us online at [Inhadultlearning.ca](http://Inhadultlearning.ca).

**Film "Wild Tales" at the John Elliott Theatre:** Written and directed by Damian Szifron, Wild Tales is the weirdest group of short revenge stories that you'll find anywhere, 7:30 p.m. at the John Elliott Theatre. Rating 14A. Tickets are \$10 at the box office.

**Free Employment Services:** at Halton Hills Public Library, Acton

Branch, 17 River St. Please call 905-693-8458 ext. 101 to book your free appointment. Also at the Georgetown Branch: Monday, Jan. 18, 2-4 p.m. Please call 905-873-9816 to book your appointment and get more information on upcoming workshops.

## WEDNESDAY, JAN. 20

**English Conversation Circles:** Join the Centre for Skills Development and Training staff to practise your English conversation skills with fluent English speakers in a comfortable group setting on Wednesdays, 6:30-8:30 p.m. at the Georgetown library. Newcomers to Canada welcome! Call 905-693-8103 ext. 207 to register.

**Georgetown Horticultural Society:** meets 7:30 p.m. at St. George's Church with guest speaker Dr. Peter Kevan of the University of Guelph on the topic of Pollination - Bees & Other Pollinators. Info: [www.geohort.com](http://www.geohort.com)

**Erin's annual FAST FORWARD Eco-Film Fest:** presents "This Changes Everything." What if confronting the climate crisis is the best chance we will ever get to build a better world? At the Erin Legion, 12 Dundas St. E. Doors open at 6:30 p.m. film starts at 7 p.m. Free admission, donations appreciated! More info: 519-833-4676.

**Knit Nights:** Whether you are new to knitting or a seasoned expert, join the staff at Halton Hills Public Library for friends, books and all things knitting! Georgetown Branch: Jan. 20, 6:30-8 p.m. Acton Branch: Jan. 21, 6:30-8 p.m.

## THURSDAY, JAN. 21

**Optimist Club Bingo:** every Thursday. Grand Prize \$250. Starts at 7 p.m.; doors open 6:30 p.m. The club is located on Hwy. 7 between Georgetown and Acton, just west of 22 Sideroad.

**Georgetown Hospital Foundation's Volunteer Info Night Open House:** Learn about the Foundation, committees and ways to get involved, 7-8:30 p.m. at Schillaci Cafe, 221 Miller Dr. Georgetown. RSVP: [jmcnally@haltonhealthcare.on.ca](mailto:jmcnally@haltonhealthcare.on.ca)

**Volunteer Placement:** People of all ages, including high school students requiring community volunteer hours, can get help with finding volunteer placements. Offered by Volunteer Halton and Halton Hills Public Library. Volunteer Halton links people who want to volunteer with organizations that need volunteers. Georgetown Branch: Wednesdays from 2-6 p.m. Acton Branch: Jan. 21, 2-6 p.m. For more information, please visit [www.hhpl.on.ca](http://www.hhpl.on.ca) or call 905-873-2681 x2511.

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**How healthy is your shoulder?**  
Are you living in pain or discomfort?

While there are many causes of shoulder pain, be it a sports injury, trauma or joint weakness, it is important to have an accurate diagnosis so that the appropriate treatment is implemented.

Common medical diagnoses for shoulder pain include: rotator cuff tendonitis, rotator cuff tear, impingement syndrome, frozen shoulder, shoulder dislocations and shoulder separations.

**Did you know?**  
Shoulder pain is one of the most common complaints treated at Eramosa Physiotherapy Associates through our Path to Improved Health.

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