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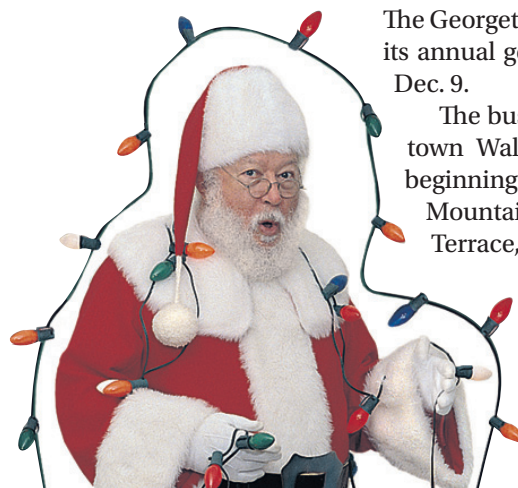
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Canadian & International
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Georgetown Tour of Lights for seniors on Dec. 9



The Georgetown Kinsmen's Seniors Tour of Lights hosts its annual get-together in Georgetown on Wednesday, Dec. 9.


The bus tour for seniors departs from the Georgetown Walmart parking lot at 7 p.m. with pickups beginning at 6:30 p.m. for the following locations: Mountainview Residence, Armstrong Terrace, Cote Terrace, Hillview Active Living Centre-Georgetown, Victoria Gardens, Kincoart, The Sands, Royal Ascot, Sargent Court and St. Andrew's Church.

The tour will be followed by snacks, entertainment and refreshments served at 8 p.m. at the Georgetown Community Church (Salvation Army).

Did you think incontinence was just a "woman's issue"?

Learn how physiotherapy can help men with Pelvic Health, including incontinence and pain after prostate surgery.

Incontinence can be dramatic following prostate surgery or radiation treatment. Men are alarmed by the immediate decrease in their quality of life that comes with being reliant on urinary pads throughout the day.



Did you know?
The scientific research clearly shows that men who receive physiotherapy BEFORE and AFTER prostate surgery gain control of their bladder quicker.

372 Queen Street, Acton • 519-853-9292 • 333 Mountainview Road South, Georgetown • 905-873-3103
www.erasosaphysio.com

Ugly Kitchen or Bath? *Refinishing Saves you Time and Money!*

BEFORE  **AFTER!** 

In addition to countertop and cupboards... bathtub and tile refinishing can also extend the life of your existing fixtures!

Miracle Method of Brampton has a solution to help update your kitchen or bathroom without the high cost of renovation! "Why renovate when you can refinish, in just a few days?", says Bruce Edgar, owner.

Not only is refinishing fast, but you'll save up to 50-75% over the cost of replacement. Since surface refinishing doesn't require weeks of messy construction, in just 2-3 days, your kitchen and bathrooms will be beautiful again.

"Our customers can save thousands of dollars and the results are beautiful! We can create an updated new look over your existing surfaces using our Natural Accent® finishes", continues Bruce.

Natural Accents® are available

in a wide array of colours and can be applied on laminate, tile, fibreglass, acrylic, Corian® and cultured marble surfaces. Miracle Method can give you a high-end look without the high-end cost.

"Kitchen counter tops are the new WOW factor for homeowners," continues Bruce. "We also spray and refinish cupboard doors and bases and the transformation is simply amazing! We use an HVLP spray system, NOT a paintbrush, and the topcoat lacquer is the same that kitchen cabinet manufacturers use." Compare refinishing to the cost of replacing or re-facing and you'll see that you can save money.

Miracle Method is the largest surface refinishing company in North America & provides residential and commercial services. "As a company, we

fix problems at hotels, schools, senior care centres, apartment complexes, universities, colleges and more. We are always ready to help!" Be inspired by the amazing transformations in our photo gallery and explore all the services we have to offer by going to our local website at: miraclemethod.com/brampton

 **Miracle Method**
SURFACE REFINISHING

VISIT OUR SHOWROOM
247 Armstrong Avenue #10
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Monday-Friday, 9:00-5:00
For a free estimate call:
905-494-1915

MiracleMethod.com/brampton
Each franchise is independently owned and operated