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## LET US HOST YOUR HOLIDAY EVENTS



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THREE-COURSE  
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Whether it's a small  
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celebrate the holiday  
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For more information about holiday events  
or to secure your date, contact Dave Newsome  
905-877-8468 ext 2224 | dnewsome@clublink.ca  
\*Offer expires Jan. 31, 2016. Some exclusions apply, contact us for details.

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## COMMUNITY

# HALC-Acton has Christmas in the air

By Julie Conroy  
Hillsview Active Living Centre- Acton

Thank you to everyone who attended the Christmas Fair last Saturday! Especially the volunteers who are not members of the Centre but find time every year to help us and, of course, our many members who baked, worked on the booths, packed and unpacked and to the generous people who attend the Christmas Fair every year.

The winner of the huge Christmas basket and beautiful sparkling Christmas Trees was Linda Wagg and Marie Ferron won \$115, which was half the money collected in the 50/50 draw.

Tickets are now on sale for the Christmas Gala Dinner and Dance at Blue Springs on Dec. 10. If you are nervous of driving to the event there is a free bus provided which will pick up at the Centre, Church/Maria Apartments, Elizabeth Apartments and Birchway Apartments. It will return at 9 p.m.

The Bayshore Therapy through the Mississauga Halton LHIN is funding FREE exercise programs at the Centre starting Dec. 1 on Tuesday mornings and Friday after-

noons. The classes are – (registered) Falls Prevention, Osteoporosis, (drop-in) Chair Yoga and Simple Stretch. See the notice board for more information.

There is a list up for the 5th Secret Santa Gift exchange on Tuesday, Dec 15. It is limited to 50 people and you do have to sign up in person.

On Tuesday, Nov. 17 the Centre began to take on the holiday spirit as the Christmas tree and decorations started to appear. Almost 50 people attended the Reach Out for Festive Lunch, which not only included a delicious lunch consisting of stew, rolls and dessert.

The Spanish lessons are being enjoyed by everyone who signed up and a second session will start Jan. 18. There will be a beginners and an advanced class plus a French class if there is enough interest. Please sign up at the reception desk.

Our membership now stands at 341. Many people are dropping in to pay their 2016 membership, which is due by Dec. 31.

Our thoughts and prayers go out to Mary Robertson and her family. We wish her a speedy recovery. She is in hospital in Hamilton after being critically injured in a car accident last week.

## A Child's Holiday Wish List

1. Stop Daddy from yelling and hitting Mommy all the time.
2. No more bruises or tears.
3. Help my family feel safe again.

This coming holiday season, not every child will wish for the same things.

November is Woman Abuse Prevention Month. One out of every four women will be abused at some point in her life.

Halton Women's Place needs your help to close the door on abuse.



**Halton  
Women's  
Place**

In November, wear your purple scarf.  
Purchase yours at Halton Women's Place.



For more information, please call  
905-332-1200 ext.221 or visit  
www.haltonwomensplace.com  
Crisis Line: 905-878-8970 or 905-332-7892