halton.ca ( 311









The last days for Yard Waste collection in 2015 are:

Area 3: Wednesday, December 9 Area 4: Wednesday, December 2

Area 5: Wednesday, December 2

Urban Yard Waste collection resumes in April 2016. Urban Christmas tree collection occurs twice in January 2016. Check your Waste Collection Calendar for specific dates in your area.

Residential yard waste can be dropped off, year round, for composting at the Halton Waste Management Site, 5400 Regional Road 25, Milton, for \$5 per load. Commercial yard waste (including from contractors) are subject to fees based on weight. The Halton Waste Management Site is open Monday to Saturday, 8 a.m. to 4:30 p.m. Visit halton.ca/waste for more information.

### Yard Waste Collection Information

- Use paper yard waste bags or reusable containers.
- Place yard waste labels on reusable containers.

Visit halton.ca/wastetools or dial 311 to order a yard waste label at no charge.

- Containers must be no heavier than 23 kg (50 lbs) and may have a capacity up to 125 L.
- Bundle and tie brush in bundles no larger than 1.2 m x 0.6 m (4 ft x 2 ft) wide, with branches a maximum of 7.5 cm (3 in) in diameter.



 Yard waste in cardboard boxes, Blue Boxes, GreenCarts, plastic bags, compostable or biodegradable bags will not be collected.

#### **Acceptable Materials**

- Leaves and weeds
- Sticks, twigs and tree trimmings
- Decorative cornstalks
- **Pumpkins**
- Fallen fruit from trees
- Yard and garden trimmings

#### **Unacceptable Materials**

- X Grass clippings
- Tree stumps and trunks (over 7.5 cm in diameter)
- Sod, soil, clay and rocks
- Plastic shopping or garbage bags
- Plastic flower/plant pots (accepted in Blue Box)
- Flower/plant markers and tags

## Never miss your waste collection day again!

Visit halton.ca/wastecalendar to find your waste collection day:

- · Sign up for weekly email or phone call waste collection reminders.
- Download your waste collection calendar to your personal iCal, Google Calendar or Microsoft Outlook calendar.
- · Print your own collection calendar.

# **Active Transportation – Keeping Halton moving**

On Thursday, November 12, Regional Council endorsed, in principle, the Halton Region Active Transportation Master Plan (ATMP), which will provide Halton with the required strategy and infrastructure initiatives to promote non-motorized travel throughout the region to 2031. Through the ATMP, Halton Region will work in partnership with Local Municipal partners to help build a safe, affordable, sustainable and efficient transportation network that encourages walking and cycling. The proposed plan would implement over 800 kilometres of new on-road and off-road active transportation infrastructure including bike lanes, sidewalks and multi-use trails. To learn more, visit halton.ca/activetransportation or dial 311.



Gary Carr Regional Chair

Meetings at Halton Region, 1151 Bronte Rd., Oakville, L6M 3L1 Visit halton.ca/meetings for full schedule.

Dec. 2 9:30 a.m. Planning & Public Works Cttee.

Dec. 1 9:30 a.m. Health & Social Services Cttee. Dec. 3 9:30 a.m. Admin. & Finance Cttee.

# **COMMUNITY CALENDAR**

Continued from page 29)

#### **THURSDAY, DEC. 3**

Fellowship 55+ Senior's Luncheon: The first Thursday of the month, 12 p.m. at Norval United Church, 486 Guelph St. Everyone 55 or older is invited for a delicious lunch and euchre. The cost is \$5. To reserve your place at the table please RSVP to Bruce Cunnington, 905-873-0729 the Monday before. Info: www.norvalunited.ca (also Jan. 7).

Senior Men's Luncheon: 12 p.m. at Hillsview Active Living Centre (Georgetown Seniors Centre). All retired men are invited to a delicious lunch and an interesting speaker from the Halton Regional Police Service. Cost \$10. Info: 905-877-6029.

Elvis - A Christmas Special: 7:30 p.m. at the

John Elliott Theatre, featuring Pete Paquette as Elvis, with the Rockin' Royals Band and the Tonettes, celebrating the King's Christmas classics this holiday season. Info: www.haltonhills.ca/theatre

Optimist Club Bingo: every Thursday. Grand Prize \$250. Starts at 7 p.m.; doors open 6:30 p.m. The club is located on Hwy. 7, between Georgetown and Acton, just west of 22 Sideroad.

Play Euchre: Thursdays 1:15-3:45 p.m. at the Acton Legion.

**Shrine treats:** Santa has arrived at the Georgetown Market Place and so has the Credit Valley Shrine Club's Christmas cakes, cookies, puddings and much more. Club members will be selling the goodies, Nov. 26-29, Dec. 3-6, Dec. 10-13.

Are you changing your lifestyle because of incontinence?

Let us help you regain your confidence and independence



Many people believe that incontinence; the involuntary loss of urine, is a normal occurrence after childbirth or aging. Continence concerns are **common** but **NOT normal**.

Stress Incontinence (SI) refers to leakage that is noticed during a cough or sneeze, when laughing, or during strenuous activities like soccer, jumping jacks, or other aerobic activities. Sometimes women get the sudden and urgent need to get to a bathroom. Urge Incontinence (UI) is the loss of urine that is accompanied by this sudden, urgent feeling.

Leakage may have started off with minimal and tolerable amounts of leakage that occurred with a cough or sneeze, but then leakage can accelerate to amounts that are substantial enough to wear protective padding, continence garments or simply just avoiding activities that were once

372 Queen Street, Acton • 519-853-9292 • 333 Mountainview Road South, Georgetown • 905-873-3103 www.eramosaphysio.com

# HALTON +

# AUDITED FINANCIAL STATEMENTS

for the year ended August 31, 2015 are available on the **Board Website** www.hcdsb.org

Copies are also available upon request.

J. Michael

Chair of the Board

P. Dawson

Director of Education