

COMMUNITY

HALC-Georgetown's fashion show a success

By Florence Riehl

Hillsview Active Living Centre-Georgetown

Thanks to all who helped to make our Fall fashion Show a success: Alia Tan/Jay, Kim, Dorothy, Ruth, Eva, Ellie, and all our wonderful models. Thanks also to all our patrons who continue to support our Fashion Show. The different location seemed to work out fine. Look for a surprise for the Spring Show.

The Osteopathy Class Nov. 4 has room for more people. The class runs from 10 to noon. No sign up. Just drop in.

Thank you to those who have made their donation to the Centre. If you have not yet done so we are looking forward to hearing from you.

Want to lose five pounds or more? Then this is the program for you! Weight Watchers is coming to your Centre beginning Friday, Nov. 13 and each Friday there after until March 11 (16 weeks). Sessions will begin at 12 p.m. The cost is \$234.86 (works out to about \$15 per week). If you are interested please sign up at Reception with a minimum of 15 participants for the program to run. The first meeting will be for registration and payment.

Hillsview newsletter is now at HALC-Acton

By Julie Conroy

Hillsview Active Living Centre- Acton

Hot off the press! The latest copy of Hillsview is at the reception desk. Pick yours up so you will be up to date on the current news and events happening over the next three months, including some special events for Christmas. You will be pleased to see some new programs planned for the winter months including the second session of Beginners Spanish lessons and Level 1 Spanish lessons. If there is enough interest you can also learn conversational French. Please sign up

if you are interested. The classes will only run if there are enough participants.

Tomorrow (Friday, Oct. 30) is our annual Halloween Dance. There will be prizes for the best costumes, door prizes and great music! If you don't like getting dressed up just come and enjoy watching everyone else. There will be a cash bar with wine, beer and pop for sale plus light refreshments. Tickets will be available at the door.

When you read through Hillsview you will see the Casino Rama trip on Oct. 28 was the last one for the year. Sometime the weather can be a deterrent during the winter months.



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