

Your Health

NEWS AND INFORMATION FROM GEORGETOWN HOSPITAL

OCTOBER 2015

GH Walk Raises Over \$37,000



Photo credit: Georgetown Independent and Free Press.

The 2015 Walk or Run for Georgetown Hospital raised over \$37,000 (net) for the Georgetown Hospital Foundation. We thank everyone who walked, ran, volunteered and supported this event. You made a really positive impact on local healthcare!

Thank you to our sponsors: TD, Generations Physiotherapy, Betty D'Oliveira, Royal LePage; Maple Lodge Farms, McDonald's Halton Hills, Best Western Inn on the Hill, Buy Wise Windows & Doors, Unilock, Rotary Club of Georgetown, Sobeys and Storck.

My Heartfelt Thanks

For most who have visited Georgetown Hospital there is a staff member who stands out in their memory. Someone who has extended a level of care above and beyond what's expected. Now you can honour this person with a My Heartfelt Thanks donation to the hospital in their name.





Please call or visit the Foundation to make your gift. You can reach us at 905-873-0111, ext. 8241 or www.georgetownhospitalfoundation.ca.

Annual Poinsettia Sale

The Georgetown Hospital Volunteer Association is holding its Annual Poinsettia Sale. Pre-order your poinsettias for pick up on December 3. Only \$11! Call Carole at (905) 877-5768.

Let's Get Physio

Did you know our hospitals provide outpatient physiotherapy services? We have excellent therapists at Georgetown Hospital who can help relieve pain, strengthen muscles, improve mobility and prevent or limit further physical disability.

OHIP coverage is available for some.

Find out more at www.workfitphysiotherapy.ca

To book appointment call: 905-873-4598 (Georgetown) 905-876-7022 (Milton)

All Net Proceeds Support Hospital Programs.



Award Winning Foot Care Program

The Mississauga Halton Diabetes Foot Care Program, launched by Halton Healthcare in June 2014, was recently recognized by the Mississauga Halton LHIN with a **Partnering for a Healthier Tomorrow Award**. The Mississauga Halton Diabetes Foot Care Program provides preventative foot care services to high risk individuals with diabetes who have significant barriers to using existing fee-forservice programs. Clinicians provide services in 11 clinic locations including five in Mississauga, one in Halton Hills, one in Acton, two in Milton and two in Oakville, leveraging space of existing community agencies. Since implementation, services have been provided to more than 750 patients.

Flu Season

Flu season has arrived. We encourage you to check with your doctor's office about receiving a flu shot or attend one of the free vaccination clinics offered by the Halton Region Health Department. To find the clinic that's most convenient for you, please call 905-825-6000 or log on to their website at www.halton.ca/flu. During the flu season, please be aware of the risk to patients in the Hospital and do not visit if you are ill or feeling unwell. When you do visit, please remember to wash your hands thoroughly. It is one of the best ways to avoid getting the flu!









Stay connected! For more information please visit our website, www.haltonhealthcare.com.