

## COMMUNITY

# Residents can find support on the grief journey

By Paul Ivany  
Special to The IFP

It was Ben Franklin who said "In this world nothing can be said to be certain, except death and taxes." It is easy to talk about taxes but talking about death is much more difficult.

One reality of death is that a funeral service does not bring closure. It is not the end. It is just the beginning of an often long, challenging journey through grief. That's why Jones Funeral Home and Norval United Church have partnered in recent years to offer a variety of Grief Support Groups.

"Walking Through Grief" is a nine-week program where participants watch a DVD, share in discussion, and find support from others who are grieving.

The next "Walking Through Grief" group starts Tuesday, Oct. 20.

An Open Grief Support Group is offered the second and fourth Monday of the month. People attend whenever they wish. This group provides a safe, comforting envi-

ronment for support on an ongoing basis.

A Parent's Grief Support Group is offered on the first Wednesday of every month. This group is for those dealing with the death of a child. It could be a young child or an old child, a recent loss or a loss from years ago. The grief of a parent is unique. Coming together with those who know what you are going through can be so healing.

All of these Grief Groups are offered at Norval United Church, 486 Guelph St.

A special "Child Loss Family Night" has been planned for Wednesday, Oct. 21, 7-9 p.m. in "The Studio" at the Georgetown Library, 9 Church St. Especially for parents and siblings who have suffered the death of a child in the family, this evening of hope will feature guest speakers and a special time of remembrance. This evening is open to all.

Would you benefit from one of these groups? Do you know someone who could use some support?

For more information contact Jones Funeral Home, 905-877-3631, or Norval United Church, 905-877-6122.



**MILLER'S  
SCOTTISH BAKERY**

**Freshly Made & Baked On Premises**  
Breads, Buns, Pastries, Meat Pies & More!  
**IMPORTED BRITISH CHEESES**

330 GUELPH ST., GEORGETOWN (opposite Canadian Tire)  
905-877-0596 • [www.millersscottishbakery.com](http://www.millersscottishbakery.com)



**Italian Leather Purses**

**@ 50-60% OFF**  
**Boutique Prices**  
**Everyday!**

**mi Piacce fashion**  
Smell It, Feel It, Love It!

OPEN TO THE  
PUBLIC WED'S 10-6

[www.mipiacefashion.com](http://www.mipiacefashion.com)  
360 Guelph St., Unit 51, Georgetown 905-703-4822



**Fall Footwear**  
has arrived

**MI GIOVI**  
SHOE BOUTIQUE

51 Main Street South,  
Georgetown  
(905) 873-8778



**monkeynastix®**  
Physical literacy starts here

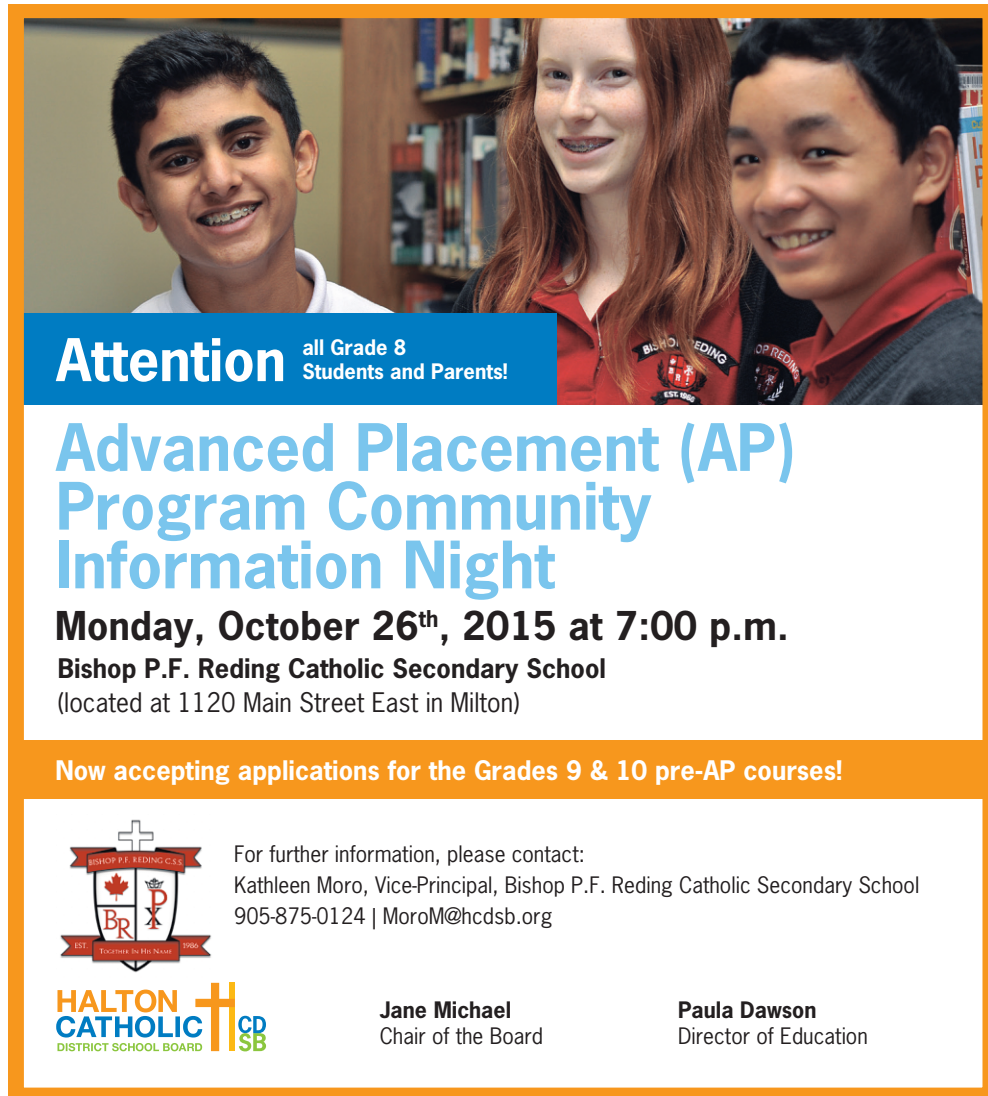
**Keep your kids active with Monkeynastix!**  
Ages 1-9 yrs of age

- Birthday Parties - New! Georgetown Location
- Daycare Programs • Special Events • Public Programs

Monkeynastix® is the pioneer of movement education for children

**Fall & Winter registration opens  
September 2nd**

For more details visit our website at [www.monkeynastixmilton.ca](http://www.monkeynastixmilton.ca)  
Email: [haltonhills@monkeynastix.ca](mailto:haltonhills@monkeynastix.ca) • Phone: 905.864.4516  
Camp Location: 342 Bronte Street South, Unit #15, Milton ON L9T 6B7





**Attention** all Grade 8 Students and Parents!

**Advanced Placement (AP)  
Program Community  
Information Night**

**Monday, October 26<sup>th</sup>, 2015 at 7:00 p.m.**  
Bishop P.F. Reding Catholic Secondary School  
(located at 1120 Main Street East in Milton)

Now accepting applications for the Grades 9 & 10 pre-AP courses!

 For further information, please contact:  
Kathleen Moro, Vice-Principal, Bishop P.F. Reding Catholic Secondary School  
905-875-0124 | [MoroM@hcdsb.org](mailto:MoroM@hcdsb.org)

 **Jane Michael**  
Chair of the Board

**Paula Dawson**  
Director of Education