







Keep your kids active with Wonkeynastix! Ages 1-9 yrs of age

- Birthday Parties New! Georgetown Location
- Daycare Programs Special Events Public Programs

Monkeynastix® is the pioneer of movement education for children

Fall & Winter registration opens
September 2nd

For more details visit our website at www.monkeynastixmilton.ca Email: haltonhills@monkeynastix.ca • Phone: 905.864.4516 Camp Location: 342 Bronte Street South, Unit #15, Milton ON L9T 6B7



158 guelph st, unit 1, georgetown, on

COMMUNITY

Hillsview Active Living Centre-Georgetown to close temporarily for painting

By Florence Riehl

Georgetown Active Living Centre

In spite of construction we have a really busy schedule for October. Please check your Hillsview magazine and mark your calendar.

PLEASE NOTE: Your Centre will be closed on Friday, Oct. 9 and will re-open Tuesday, Oct.13 at 8:30 a.m. This will give lots of time to complete the painting.

Our French-themed lunch, will be held on Thursday, Oct. 8 beginning at noon. The cost is \$10 and we can accommodate only 40 people so get in quickly and sign up by Oct. 8.

Some Grade 12 students from St. Roch Catholic Secondary School, Brampton, are going on a retreat. Instead of going overseas they are coming to our Centre on Thursday, Oct. 15 to do some fun things with us. They will also be sponsoring a lunch of pork loin and apple sauce, mixed veggies, mashed potatoes, coleslaw and apple pie from the Apple Factory. The cost to you is a mere \$2. Only 40 participants will be accepted so, once more, get in and sign up. It all begins at 10 a.m.

Halton Region Health Department is holding its annual free Flu Shot clinic at the

HILLS IEW Active Living Centre

Hillsview Active Living Centre (Georgetown) on Monday, Oct. 19. Please note the time is 1-8 p.m.

Tickets are now available at Reception for the Fall Fashion Show on Monday, Oct. 26. They usually go fast so don't wait too long. There are a limited number and none will be available at the door. Alia/Tan Jay is once more dressing our fabulous models. Tickets are \$6 each.

We wish Ruth Lee all the best. Ruth will no longer be offering foot care services at our Centre.

The New Horizon for Seniors Grant Program. "Reaching Out" lunch on Oct. 22 has been cancelled due to renovations.

Travel: Still time to sign up for "Mistletoe Magic" (Nov. 18) and "The Gift of the Magi" (Dec. 9).

October is Denturist Awareness Month



Your Local Denturist

"What exactly do you do?" is a question Denturists hear a lot.

The Province of Ontario has recognized Denturism as a profession since 1973.

Registered Denturists are responsible for the recognition of dental deficiencies and oral complications. They sit down together with Patients and discuss what you expect from your new teeth and what can be provided in terms of appearance, fit and function.

Having a new set of dentures fabricated or replacing a few missing teeth is often a stressful and fearful experience. Denturists can help make that experience much more comfortable. Our Members stay abreast of new techniques and materials used to ensure a pleasant denture creation experience. And creation it truly is. Each step of the process will be clearly outlined to you as we proceed towards your new smile, and we do not complete your new denture or partial denture until you are happy with the appearance and are satisfied with the function.

A proper fitting denture not only provides a sense of confidence when out in public but also allows you to eat a proper balanced diet. The ability to chew food properly takes the strain off the digestive system and can often help reduce stomach problems. Don't be afraid to order your favourite foods when dining out because you are worried about your dentures.

EXPECT THE BEST

DENTURISTS, YOUR DENTURE SPECIALISTS

Denturists receive training in the technical, scientific and health aspects of making dentures.

A Denturist's practice is devoted to the fabrication and repair of dentures, and Denturists are uniquely qualified to provide quality, custom dentures





