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Ross Physiotherapy Solutions

905-873-7677

318 Guelph St.,
Georgetown



Gerry Ross
H.B.Sc. PT, MCPA,
FCAMT

Q: My pain comes and goes for no apparent reason, what can be done to figure it out?

A: Physiotherapists are expert detectives when it comes to figuring out pain patterns. It is common for pain from postures or activities to go unnoticed when the individual is concentrating on something else (like data on a computer, conversation or sports). In other cases the painful tissue may lie deep within the body and therefore may not have the pain receptor density that is required to give instant feedback, but is sufficiently sensitive to react to inflammatory chemicals once they have had time to accumulate, often long after the aggravating activity has stopped. This produces a time lapse between the cause and effect making self assessment very difficult. Your physiotherapist is very skilled at identifying these subtle sources of aggravation.



DR. ELAYNE TANNER
Registered Social Worker

Counselling & Psychotherapy

Milton 905-854-0801
www.DrElayneTanner.com

Q: My child is starting Grade 3. Whereas in kindergarten his report card said he was "immature" and in grade 1 he was seen to be "busy," in grade 2 there was question of whether he might suffer from ADHD. I have read the diagnostic criteria for AD(H)D and I agree that there may be an issue. The school said that in order to qualify for special help, my boy needs an assessment. The problem is although he was put on a list last year, I understand that it can still take a long time before we actually get an assessment and the results. I would like to get a private assessment done in order to move the process along and to get an independent opinion. Can you provide this service?

A: Yes, new this September I will be providing psycho-educational assessments for AD(H)D. I have worked with young people and adults with ADD and ADHD for many years and due to the great need, I now provide these assessments.

Many parents choose to get private assessments done for the same reasons that you have mentioned. Often the publicly funded school systems move very slowly at the best of times. As we face labour disputes, the special services are very likely to move even slower. Having received your own assessment that demonstrates that your child has special needs, gives you a platform from which to request services.

An in depth assessment will also give direction as to what educational assistance you should seek and what guidance you can provide to the teacher so that your child receives the necessary support. Furthermore, a child who has special needs should not be blamed or bullied for their behaviour. Being identified with special needs helps counteract these issues. Lastly, an assessment is relevant for what it shows as well as what it does not show. If an assessment indicates that the child does not have AD(H)D it is important to identify other causes or different approaches to explain and address the inappropriate behaviours.

The Education Act requires that school boards provide special education programs and services for their exceptional pupils. It is your right as a parent to demand the appropriate services to enable your child to succeed. A comprehensive assessment is one way to ensure that you have the necessary information so that you can meet this obligation.

"HELPING YOU HELP YOURSELF"

Elayne Tanner Social Work Professional Corporation

THE INDEPENDENT
& FREE PRESS



YourClassifieds.ca



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Classifieds



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BEAUTIFUL TERRA COTTA VILLAGE, Newly Renovated, Bachelor Pad in Pan-abode Cottage! Parking space. Backing onto Conservation Trails and Niagara Escarpment, Partly furnished, Own large eat-in kitchen, bathroom, living room/den. No Animals/ No Smoking. References/ Credit Check. First and Last Required. Available September 1, 2015 - asking \$850 per month incl. Call Cheryl at 289-344-0033 for an appointment to view!

Cemetery Plots

FOR SALE: 2 side by side Cemetery Plots located at Hillcrest Cemetery in Norval, Ontario. For more details, please call: 519-927-3854

Apartments for Rent

ACTON, LARGE 2 bedroom apartment, very clean, with 2 parking. \$1100 month + utilities. No dogs. Available October 1st. Call 519-853-5352 or 905-703-6255.

Apartments for Rent

ACTON, TWO bedroom apartment with sun-room in Aplex, second floor, balcony, large back yard. One parking spot. Country living on edge of town. Close to lake. Available-Ready to move in! \$950.00 + hydro. No Pets. Call JMC Property Management John 519-826-9940 or info@jmcmanagement.com

Apartments for Rent

BRIGHT SPACIOUS furnished 1 bedroom apartment, in quiet country estate home setting on outskirts of Georgetown. No smoking/pets. Shared entrance. \$1200 includes utilities. References. First/last required. Available August/September. 905-873-8989

Apartments for Rent

Great Area! RETIRED ADULT seeking boarder in Georgetown South (Argyll & Samuel Crescent area). Includes 1 bedroom, tv room and private bathroom. \$700/month includes utilities & parking. Please call 905-873-0210

Apartments for Rent

GEORGETOWN 3-BEDROOM. Main floor, huge backyard. Laundry, parking for 2. No pets/ smoking. \$1,250/ month plus utilities. November 1st Call 905-873-1883.

Townhouses for Rent

3 BEDROOM TOWNHOME \$1550 per month + utilities. Located in central Georgetown. Walk to Mall, Schools, Go Train. Contact Elizabeth Doell iPro Realty Ltd. 905-873-6111

Houses for Rent

2 BDRM house for rent, Terra Cotta area, parking and laundry incl. \$1200+ utilities, available immediately. 905-877-3048.

Houses for Rent

3 BEDROOM, 1.5 bath bungalow, Delrex / Rexway. Available September 1st. \$1750 per month + utilities. Call 905-867-2009.

Houses for Rent

GEORGETOWN NEW 2 bedroom basement apartment separate entrance separate laundry. No smoking no pets. Available now. Walk to school and mall. \$1200 parking, utilities included. 416-729-4748

Houses for Rent

THREE BEDROOM home for rent. Georgetown, bright, clean, available October 1st, quiet street close to schools and shopping, private yard and driveway, all appliances, full basement. No smoking. \$1755/ month plus. Call Dave, 905-873-0902.

Cottages for Rent



LAKEFRONT 3 BEDROOM PET FRIENDLY COTTAGE (sleeps 6) available for weekly or weekend rental from Sept. 7th through the end of Oct. at reduced Fall rates. Situated in Haliburton Highlands, with 4 piece bath, living/dining area, well equipped kitchen and attached screened-in Muskoka room. Well looked after grassy grounds on a gentle slope down to a 400 sq ft dock on a very peaceful NO MOTOR lake. Great swimming, fishing, with 1 canoe, 3 kayaks, a peddalo, life vests, fire-pit and games. Available now from Sept. 7th through Oct. at Fall rates. Please call Patrick 416-564-4511 or email patrick@nemms.ca for rates and full photos.

Cottages for Rent

