

SENIORS LIVING

Friday Night Dance returns on July 24

By Florence Riehl
Georgetown Active Living Centre



Seniors had a chance to try out T'ai Chi in Cedarvale Park.

Photo by Eamonn Maher

What a great way to celebrate Seniors' Month on Friday, June 26- T'ai Chi demonstration, Pickleball demo, hot dogs and hamburgers, potato salad, and coleslaw supplied by Hungry Hollow Smokehouse through Links2Care, beautiful sunny day at Cedarvale Park. All you could have asked for. And for all of this we say a heartfelt thank you to the Staff of our Georgetown Centre.

It seems everyone had such a great time at our first Friday Night Dance in June that we are holding another on Friday, July 24, 7-10 p.m. They promise a variety of music, door prizes, Spot dance, and 50/50 draw. Everyone is welcome but you will need to purchase a ticket at Reception. Cost is \$5 per member, \$7 non-member.

The SALT presentation regarding Elder Abuse was well attended. There is a possibility to have this seminar re-

peated in the fall.

I have heard rave reviews from those taking part in the French Grand Pal program. They met their students in Midland and had a fantastic day.

We have had another incident in the parking lot. Once more I encourage you to be careful when parking your car. Please leave enough room for the persons on either side of you and park between the yellow lines.

Drop-in programs continue

throughout the summer months. There will be no Monday afternoon Bingo until September. Sandwich Tuesday and Thursday Soup are suspended until September. Pizza Fridays are still on-going.

Movies continue on July 10 and 24 and Aug. 7 and 21.

Our September trip to "Sweet Charity" appears to be very popular. Sign-up sheet for Oktoberfest is now out.

Bob Jefferies named Senior of the Year



Mayor Rick Bonnette presented Bob Jefferies with his Senior Citizen of Year certificate at a recent council meeting.

Bob Jefferies of Acton has been selected by the Province of Ontario as Halton Hills Senior of the Year.

The award was presented to Jefferies at the June 22nd council meeting—June is Seniors Month.

Jefferies is a regular volunteer for many local organizations in Halton Hills.

He has worked extensively on the construction of homes in Halton Hills, as a volunteer with Habitat for Humanity. As a member of Friends of Fairy Lake, he advocates for Acton's water source through annual clean ups.

Jefferies also volunteers every year for the Terry Fox Run, helping to set up displays and registrations. As a member of Knox Presbyterian Church, he

provides extensive time and expertise in renovating the church basement and kitchen.

For many years, Jefferies and his wife Jean have been "foster parents" for the Lions Foundation of Canada Dog Guide program that trains dogs and matches them with people who have visual and hearing impairments or other special needs.

"Congratulations Bob for being recognized as Halton Hills Senior of the Year, well deserved," said Mayor Rick Bonnette.



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