### NATALIE MOFFATT

## Menchies

Almost a Year! Menchies Frozen Yogurt has been opened since July 2014 and owner Natalie Moffatt has enjoyed meeting so v customers and the ones that keep returning to her

They offer self-serve frozen yogurt and have over 150 different flavours that are continuously being rotated. They aim to provide quality, variety and innovation for every guest and with so many different flavours and toppings that is not a problem! They use high quality ingredients, milk from Canadian Dairies, which make it a good source of calcium, but they do also offer gluten-free, vegan and No high-fructose corn syrup options. Their yogurt is certified Kosher and awarded the live and active culture seal by the National Yogurt Association. They now sell cakes that are ready to go or made to order for all occasions, birthdays, anniversaries, team parties, graduations or holidays. Coming soon, they will be offering a variety of smoothies.

Natalie is a Georgetown resident who enjoys being able to give back to the community and throughout the year, she has been able to support the local hockey, soccer and baseball teams, schools and fundraised for various charities.

If you haven't had a chance to stop in, make sure you do as you won't be disappointed!



menchies

georgetown 158 guelph st (across from CTK)

menchies.ca

Menchie's Georgetown

■ @MenchiesGtown



GREG MOFFATT

### Retreats Inc.

If you're looking for a general contractor who offers

If you're looking for a general contractor who offers high quality home and office renovations, project management and design build services, then contact Greg Moffatt of Retreats Inc.

Greg has been in the industry for over 26 years, completing his apprenticeship in the late 80's and has been a licensed carpenter since 1992. He chose this line of work because he loves to build things and enjoys working collaboratively with other team members and clients to make each of his projects a success. He continually attends regular training for new techniques, practices and products to ensure that he is up-to-date practices and products to ensure that he is up-to-date for his customers. Retreats has been established for 11 for his customers. Retreats has been established for 11 years, with three fully licensed carpenters, a registered 2nd term apprentice, and have hired another student from the OYAP (Ontario Youth Apprenticeship Program) at GDHS this summer. They are members of BILD (Building Industry & Land Development Ass.), as well as the GTA Home Builders Association, Ontario Homebuilders Association and proud supporters of Habitat for Humanity.

"Habitat for Humanity.

"Halton Hills small town atmosphere is a great place to work and live", says Greg, without the hustle and bustle of the big city. He always enjoys meeting new people and working together with them to make their vision become a reality!



28 Arborglen Dr., Georgetown, ON Ľ7G 6L2 647-237-3878

gmoffatt@homeretreats.ca • www.homeretreats.ca



JUDY LONGSTREET

# Judy Longstreet

Judy Longstreet, a Holistic Practitioner has been providing relief, relaxation and guidance to her clients for over 20 years. Her treatments are safe, calming, unobtrusive and beneficial for a vast number of ailments to enhance one's overall physical, mental and emotional health.

She has studied under reputable schools in Canada and is certified in a variety of holistic healing techniques including: Reflexology, Therapeutic Touch, Herbal Therapy, Ear Candling, Indian Head Massage, Raindrop Technique and Hot Stone Massage. In addition to therapeutic treatments in her relaxing Georgetown clinic, Judy also offers scheduled "at the source" treatments such as a home, office, hospital or dentist office. Each of her clients is unique and varying in age from 3-93, which makes it essential for treatments to be tailored to each individual and their needs. Judy continually furthers her education, having expanded her repertoire of services as she regularly explores new modalities and techniques.

Twenty years later, Judy reflects on what an amazing journey it has been working with the most genuine and amiable clients, colleagues and acquaintances in Halton Hills. She is grateful to all of the wonderful individuals who have supported her and is looking forward to many more years of success in the community with the diverse services that she offers.

Rejuvenate your mind, body and soul

Judy Longstreet RRPc CH (905) 702-7846 jl.longstreet@hotmail.com Georgetown, Ontario



BETTY-ANNE WHIPP

# Georgetown Yarn

For the past 6 months, Betty-Anne Whipp has been the new owner of the 30 year established business Georgetown Yarn. They sell yarn, knitting needles, crochet hooks and all notions and supplies required for knitters and crocheters. They teach various classes and their weekly social groups are a great opportunity to get together to work on a craft and have fun socializing with others.

Having been a knitter for as long as she can remember, Betty-Anne loves meeting and helping all of these creative people, ranging in age from 9-84. It's very exciting for her to watch them learn and helping with projects that they are working on, whether it be a new mom who wants to knit or crochet a garment for her baby or a first time grandma creating something special for her new grandchild.

She is a member of the Halton Hills Chamber of Commerce and has been in business in town for 15 years. Her previous work was as a social media manager so she is very active on social media with Georgetown Yarn, you can find them on Facebook, Twitter, Pinterest, Instagram, Linkedin & Google

Betty-Anne lives in Halton Hills, so working here just makes sense. The people are friendly and supportive, they shop local so she makes sure the best quality yarns and tools are available



Georgetown Yarn Sit 'n Knit-A-Spell Betty-Anne Whipp Owner
170 Guelph Street, Georgetown, Ontario Tel: 905-877-1521

georgetownvarn@gmail.com https://www.facebook.com/GeorgetownYarn http://www.ravelry.com/groups/georgetown-yarn-knits





# Avita Integrative Health & Restoration Clinic

Susan was 42 when she was diagnosed with hypothyroidism. She did well on Synthroid for years then Menopause hit hard bringing low libido, unbearable hot flashes, anxiety, moods swings & rapid weight gain. Blood work was normal...then she completed a Saliva Hormone Test & started a customized treatment plan of Bio-Identical Hormones.

After barely 2 months of treatment her libido returned, she is sleeping again and she was able to drop those unwanted pounds.

At Avita, we provide clients with a great success rate in treating Peri-menopause, Menopause, Thyroid Imbalance & Adrenal Fatigue.
Our Integrative Clinic provides each client with

an individualized approach & customized treatment options of either bio-identical hormones, natural supplements or a combination of both.

At Avita we recognize that ONE SIZE DOES NOT FIT ALL...it all starts with The Saliva Hormone Test



5A Conestoga Drive, Ste 300, Brampton 905-455-0488 kelly@avitaintegrativehealth.ca www.hormonetesting.ca



Salvina (Sil) Romagnuolo

### Number Source

For the past five years, Salvina (Sil) Romagnuolo of the accounting firm "Number Source" has been offering Personal Tax Returns, corporate service-bookkeeping, corporate tax preparation and filing, audit support, accounting software training and consultation for business start ups. She has been working in the field for over 20 years and chose this direction because of her fascination with corporate accounting and numbers.

over 20 years and chose this direction because of her fascination with corporate accounting and numbers.

Sil loves helping and guiding people in the right direction with their money and business and she believes that many business owners are running blind on the financial side. If guided in the right direction, they will most likely succeed and grow their company, as Number Source doesn't just process data, they take the time to explain the numbers to business owners.

Halton Hills is a friendly, quiet town to live in and when Sil opened up here, she had other local businesses in mind. With today's economy, not all companies, especially small ones, are able to employ full-time or even part-time bookkeepers. They are a full-service firm of accountants and bookkeepers providing accounting, full-cycle bookkeeping services, Corporate & Personal Tax Returns at affordable rates.

Come see them at their NEW Location!!

# Number Source

232 GUELPH STREET, Suite L9 (New Address) 905-877-2999

www.numbersource.ca info@numbersource.ca