COMMUNITY Health & Wellness Day set for May 23

Holy Cross Church presents Healthy in Mind, Body and Spirit: The Power for Success is Within, a health and wellness day on Saturday, May 23 at the church hall, 14400 Argyll Rd., Georgetown.

This free educational event for adults features a number of topics including:

• 10 a.m. Healthy in Mind, Body and Spirit with presenter Teresa Hartnett

• 11:10 a.m. From Heart Health to Mental Health: Why Staying Active Matters, presented by Dr. Don Trant

• 12:45 p.m. Laughter is the Best Medicine:

Laugh Yourself Happy with presenter Lynn Himmelman

• 1:15 p.m. The Simple Path to Wellness with presenter Teresa Hartnett.

Also enjoy a fitness stretch with Dorrie Bland at 11 a.m. and over lunch peruse the information and service booths from local providers.

Sign-in begins at 9:30 a.m. with sign-out at 2 p.m. Walk-ins are welcome. Lunch and snacks are available for a goodwill offering or bring your own.

For more details call the Parish nurse, Theresa, 905-873-1887, ext. 5.



TOWN OF HALTON HILLS

BE A RESPONSIBLE PET OWNER

- LICENSE YOUR PET
- KEEP YOUR PET ON A LEASH AT <u>ALL</u> TIMES
- STOOP AND SCOOP AFTER YOUR PET
- KEEP YOUR PET SAFE AND SECURE

IT'S THE LAW



NOISY DOMESTIC ANIMALS

Persistent or repetitive barking, whining, or other similar persistent Noise-making of any domestic pet is a violation of the Town's Noise By-law 2010-0030, which makes it an offence to permit your dog from disturbing the neighbors.

DOMESTIC ANIMAL ATTACKS OR BITES

The *Dog Owner's Liability Act* states a proceeding may be commenced if it is alleged the Owner of a dog <u>did not exercise</u> <u>reasonable precautions to prevent</u> the dog from biting or attacking a person or domestic animal or behaving in a manner that poses a menace to the safety of persons or domestic animals.

FOR MORE INFORMATION

- See By-law 94-077 and 2010-0030 on the Town web site: <u>http://www.haltonhills.ca/bylaws</u>. Copies of the By-law are available at the Corporate Services – Clerks Division.
- Dog License Applications can be found on the Town web site: <u>http://www.haltonhills.ca/CanineServices.</u>
- If you have a question about By-law 94-077 or By-law 2010-0030 or want to report a Bylaw violation call Enforcement Services at (905) 873-2601 ext. 2926
- If you want to report a dog unattended and/or running at large call Halton Hills Canine Control at (905) 877-6235 (24 hour emergency service).